

BLACK HISTORY MONTH

R Black History & Mask Making

A family-friendly workshop exploring resilience and resistance through crafts and stories. In partnership with the Canadian Caribbean Association of Halton.
Sat Feb 11 | 2-3.30pm
TANSLEY WOODS

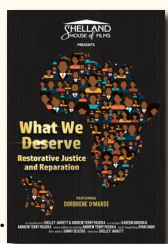


R Reading Black & African-American Activists

Our librarians present excerpts from the writings of pioneering Black and African-American activists.
Mon Feb 13 | 2-3pm | VIRTUAL

R What We Deserve Film Premiere

Join us for the premiere of an insightful and poignant documentary about the trans-Atlantic slave trade, followed by a panel discussion with the filmmakers. In partnership with Shelland House of Film.
Sat Feb 18 | 2-3.30pm | CENTRAL



R Relax, Listen & Draw Book Club

A special PA Day session of our popular read-aloud program for kids! We'll be reading books about Black Canadian activists in celebration of Black History Month.
Fri Feb 17 | 1.30-2.30pm | ALDERSHOT, BRANT HILLS & CENTRAL

R Computer Classes | All at CENTRAL

Basic Computer Skills - Thu Feb 2 | 10-11.30am
MS Word I - Tue Feb 7 | 2-3.30pm
Google Docs, Sheets & Slides - Thu Feb 9 | 10-11.30am
All About Zoom - Mon Feb 13 | 10-11.30am
MS Word II - Tue Feb 14 | 2-3.30pm
Google Maps & YouTube - Thu Feb 16 | 10-11.30am
MS Word III - Tue Feb 21 | 2-3.30pm

VR Youth Drop-in

Try out BPL's VR Oculus and explore new worlds! No registration is required—just drop in. Ages 13+
Saturdays, Feb 4-25 | 2-3pm | NEW APPLEBY

R Tax Info for Newcomers

Are you new to Canada? Learn about the Canadian tax system with representatives from Canada Revenue Agency.
Mon Feb 6 | 5.30-7pm | VIRTUAL

Help with Housing Drop-in

Are you apartment hunting in Halton, or have landlord concerns? Get advice from Halton Housing Help.
Tuesdays | 9am-1pm | CENTRAL

R Sound Arts Therapy Workshop

Reduce stress, anxiety, muscle tension, and physical pain through the power of sound. No experience required.
Tue Feb 7 | 6-8pm | CENTRAL

Newcomer Conversation Circle

Improve your English speaking skills in a relaxed and friendly atmosphere. With Centre for Skills Development.
Tuesdays to Mar 7 | 6.30-7.30pm | TANSLEY WOODS

Ask a Legal Worker

Know your rights and get informed. No appointment necessary. With Halton Community Legal Services.
Wed Feb 8 | 10am-12pm | CENTRAL

R Intro to eBooks

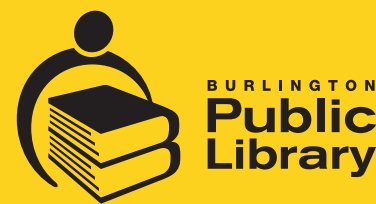
Use the Libby app to borrow free eBooks on a device.
Wed Feb 8 | 1.30-2.30pm | NEW APPLEBY
Thu Feb 23 | 2-3pm | VIRTUAL

R Chair Yoga

Exercise your body and mind. No mat required. 18+
Mon Feb 13 | 10-11am | ALDERSHOT
Wed Feb 22 | 1-2pm | NEW APPLEBY

GUIDE

FEB 2023 ADULTS & TEENS



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R **Titles Book Club**

Expect lively discussions! There's no need to have read the book beforehand—just bring along your enthusiasm.

Mon Feb 13 | 1.30-2.30pm | NEW APPLEBY

Thu Feb 16 | 7-8pm | TANSLEY WOODS

Wed Feb 22 | 2-3pm | VIRTUAL

Mon Feb 27 | 7-8pm | ALTON

Mon Feb 27 | 7-8pm | VIRTUAL

R **Tax Info for Seniors**

All about RRSPs, TFSAs, deductions, and more, with representatives from Canada Revenue Agency.

Mon Feb 13 | 2-3.30pm | VIRTUAL



R **Voice Arts Therapy Workshop**

Therapeutic sound and singing have been shown to improve both physical and mental health.

Tue Feb 14 | 6-8pm | CENTRAL

R **Journaling for Resilience & Inner Strength**

Lynda Monk will help you discover how to use journaling to increase your well-being. No experience required.

Wed Feb 15 | 2-3pm | VIRTUAL

R **Intro to Laser Cutting**

An introduction to using CorelDRAW software to design projects for engraving and cutting at the MakerSpace.

Thu Feb 16 | 7-8pm | CENTRAL

R **3D Design with Tinkercad**

Understand the basics of designing 3D models.

Wed Feb 22 | 7-8.30pm | CENTRAL

R **Better Living for Your Bones**

An in-depth education series with Burlington Family Health Team and Caroline Family Health Team

Thursdays, Feb 23-Mar 16 | 10-11am | VIRTUAL

R **Tablets & Smartphones**

Get tips and tricks to make the most of your device.

Mon Feb 27 | 1-2pm | VIRTUAL

R **Filling Out a Simple Tax Return**

With representatives from Canada Revenue Agency.

Mon Feb 27 | 5.30-7pm | VIRTUAL

R **Activities for Winter Fitness**

Get active this winter! The Burlington Family Health Team discuss a variety of physical activity options.

Tue Feb 28 | 1.30-2.30pm | VIRTUAL

R **Caregiver Fatigue**

How to notice the signs and what to do about it.

Presented by the Alzheimer Society of Brant, Haldimand Norfolk, Hamilton Halton

Tue Feb 28 | 1.30-2.30pm | VIRTUAL



Our annual design contest is now open! This year, we want you to create a bookmark that's **inspired by your favourite book**. Submit your designs online or in our branches by February 12. All ages welcome! Learn more at www.bpl.on.ca/bookmark

OPEN HOURS

ALDRSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

R = Registration required = Live on Zoom

Accurate as of Jan 18, 2023

Program registration & updates: www.bpl.on.ca/events