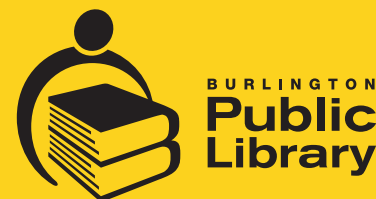


GUIDE

JULY 2025
ADULTS



Arts & Literature

Afternoon at the Movies

Bring a friend or come solo!

Tuesdays | 2-4pm | CENTRAL

Jul 8 - Beans | Jul 15 - The Martian | Jul 22 - Everything
Everywhere All at Once | Jul 29 - Mr. Holmes

R An Evening of Flute Music & Meditation

Relax and unwind at a unique evening of music and meditation with the soothing sounds of the Bansuri.

Thu Jul 10 | 7-8pm | ALTON

R Inking Your Grief

Discover how author and illustrator Alison Garwood-Jones finds drawing to be a powerful way to process loss and promote healing.

Sat Jul 12 | 2-3:30pm | CENTRAL



R BPL Book Club

Check out what we're reading at bpl.on.ca/bookclub

Tue Jul 15 | 2-3pm | ALDRSHOT

Wed Jul 16 | 11am-12pm | CENTRAL

Thu Jul 17 | 7-8pm | TANSLEY WOODS

Tue Jul 22 | 2-3pm | BRANT HILLS

Tue Jul 29 | 2-3pm | NEW APPLEBY

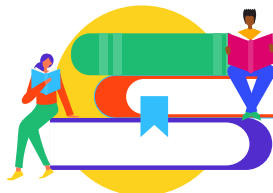
Thu Jul 31 | 7-8pm | ALTON

BPL Reading Challenge Meet-up

Connect with other readers and chat about books. Our challenge for July is to read a **book by a local author**. Learn more at

bpl.on.ca/ReadingChallenge

Wed Jul 30 | 7-8pm | ALTON



Lifestyle & Education

Just Breathe Drop-in

Let go of stress and practice self-acceptance.

Thursdays, Jul 3-31 | 10:30am-12pm | CENTRAL

R Sit to be Fit

Increase your strength, balance, flexibility and endurance in this gentle movement program. Ages 18+

Thu Jul 3, 10, 24, 31 | 1-1:45pm | TANSLEY WOODS

Mon Jul 7, 21, 28 | 1-1:45pm | TANSLEY WOODS

R Embroidery Design

Get started using the library's embroidery software to design and stitch images on your own fabric items, such as t-shirts or linens. No sewing skills required.

Sat Jul 5 | 10:30am-12pm | CENTRAL

R Understanding Grief

Explore how grief impacts our lives and about the various supports available at Carpenter Hospice.

Tue Jul 8 | 2-3pm | NEW APPLEBY

R Just Walk

Get out, get active, and enjoy all the benefits that come from a healthy walk! For all levels of walking ability.

Wed Jul 9 | 10:30-11:30am | CENTRAL

Wed Jul 23 | 10:30-11:30am | CENTRAL

R Ten Healthy Habits of Financial Management

Get your finances on track with tips and resources from the Chartered Professional Accountants of Canada.

Thu Jul 10 | 7-8pm | VIRTUAL

R Intro to eResources

Learn how to use the free eResources available at BPL including OverDrive/Libby, Press Reader, Hoopla, Kanopy, LinkedIn Learning, and Mango Languages.

Mon Jul 14 | 10:30am-12pm | CENTRAL

H.O.B. Maker Meetup

Mingle with fellow makers and be inspired.

Tue Jul 15 | 7-8:30pm | CENTRAL

R = Registration required

Accurate as of Jun 13 | Registration opens Wed Jun 18 at 12pm

Contact us: 905.639.3611

Program registration & updates: www.bpl.on.ca/events

GUIDE

JULY 2025
ADULTS



BURLINGTON
Public
Library

> Lifestyle & Education continued

R Intro to LinkedIn Learning

Learn how to access online video courses taught by leading industry experts in business, design, and technology, and earn professional certification.

Wed Jul 16 | 7-8pm | CENTRAL

R MIND Diet for a Healthy Brain

The MIND diet was created based on what is understood about diet and brain health to help reduce the risk of dementia and improve brain function. Find out what foods to eat and which to avoid.

Mon Jul 21 | 2-3pm | ALDERSHOT

R Eating the Mediterranean Way

This flavourful way of eating can support heart health, brain function, and overall wellness. Presented by Burlington Family Health Team.

Wed Jul 23 | 2-3pm | NEW APPLEBY

MakerStation Showcase

You're invited to the launch of our self-guided, do-it-yourself workspace. Get creative!

Wed Jul 23 | 6-8pm | ALTON

R 3D Design with Tinkercad

Learn the basics of designing 3D models using the free online software, Tinkercad, for 3D printing.

Thu Jul 24 | 7-8:30pm | CENTRAL

R Windows 11 and Useful Microsoft Apps

Stay organized with free Microsoft apps that work across various devices. A tech talk with Chris Bint.

Mon Jul 28 | 2-3pm | VIRTUAL

R Mindfulness in Grief

An experiential workshop to help you understand how a compassionate view of self can promote resilience through the pain and heartache of grief.

Tue Jul 29 | 2-3pm | TANSLEY WOODS

DIGITAL MAGAZINES

Free with your library card!



Skip the wait for the latest issues of your favourite magazines! Browse through thousands of popular titles on OverDrive or the Libby app, then borrow instantly to download or read on any device. Digital magazines don't count towards your check-out limit, and you can borrow as many as you want at a time. Back issues are also available.

bpl.on.ca/resources/magazines-newspapers

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

Program calendar
and registration



R = Registration required

= Live on Zoom

Accurate as of Jun 13 | Registration opens Wed Jun 18 at 12pm

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GUIDE

JULY 2025
KIDS & TEENS



BURLINGTON
Public Library

Summer Explorers

Journey around the world with us this summer!

Wednesdays, Jul 2-30 | 2-3pm | TANSLEY WOODS
Wednesdays, Jul 2-30 | 6:30-7:30pm | ALDERSHOT
Thursdays, Jul 3-31 | 2-3pm | NEW APPLEBY
Thursdays, Jul 3-31 | 2-3pm | BRANT HILLS
Mondays, Jul 7-28 | 2-3pm | CENTRAL
Tuesdays, Jul 8-29 | 2-3pm | ALTON

R Nintendo Switch Hangout

Show off your skills and cheer on your friends.
Wednesdays, Jul 2-16 | 6:30-7:30pm | ALTON
Sat Jul 12 & 26 | 2-3pm & 3-4pm | ALDERSHOT

Family STEAM Time

Design, invent, create, and re-imagine together. All ages.
Saturdays, Jul 5-26 | 10:30-11:30am | TANSLEY WOODS
Saturdays, Jul 5-26 | 2-4pm | BRANT HILLS
Sundays, Jul 6-27 | 2-4pm | ALTON
Tuesdays, Jul 8-29 | 6:30-7:30pm | NEW APPLEBY

Puppet Show: Turtle and Bunny's Big World Race

Music, stories and laughs for the whole family! All ages.
Mon Jul 7 | 10:30-11am & 2-2:30pm | CENTRAL

R Find Your Vision

Create your own vision board collage. Ages 9-13.
Mon Jul 7 | 6:30-7:30pm | ALDERSHOT
Fri Jul 11 | 2-3pm | ALTON
Wed Jul 30 | 2-3pm | NEW APPLEBY

R Story Scientists

We share a great story together and then bring the book to life through a hands-on activity. Ages 6 to 9.
Mondays Jul 7-28 | 6:30-7:15pm | BRANT HILLS
Tuesdays, Jul 8-29 | 6:30-7:30pm | CENTRAL

R Paint by Sticker

A fun and social twist on paint-by-numbers.
Tue Jul 8 | 2-3pm | BRANT HILLS
Tue Jul 15 | 2-3pm | NEW APPLEBY
Thu Jul 24 | 6:30-7:30pm | TANSLEY WOODS

R Gratitude, Meditation, Paint & Play

A creative and relaxing workshop for ages 6-12.
Tue Jul 8 | 6:30-7:30pm | ALDERSHOT
Tue Jul 22 | 6:30-7:30pm | TANSLEY WOODS

Tech Petting Zoo

Try out our Snap Circuits, Little Bits, Cubelets and more.
Tue Jul 8 & 29 | 6:30-7:30pm | TANSLEY WOODS

Ready, Set, School

Pre-literacy skills for children starting Kindergarten.
Wednesdays, Jul 9-30 | 2-2:45pm | CENTRAL
Thursdays, Jul 10-31 | 10:30-11:15am | TANSLEY WOODS
Thursdays, Jul 10-31 | 2-2:45pm | ALDERSHOT

R Summer Movie Matinee - Paw Patrol: The Mighty Movie

Fri Jul 11 | 2-4pm | CENTRAL

R Global Dance Party

Explore the world with dance and sound.
Tue Jul 15 | 2-3pm | BRANT HILLS

R Time for Trivia!

From books and movies to fun facts and wild guesses.
Wed Jul 16 | 6:30-7:30pm | TANSLEY WOODS

R Hands On Exotics: Safari Adventure

Meet a variety of exotic creatures from around the world and discover the wonders of the animal kingdom.
Sat Jul 19 | 2-3pm | CENTRAL

MakerStation Showcase

We're launching a new self-guided, do-it-yourself workspace!
Wed Jul 23 | 6-8pm | ALTON



Summer Reading Club is open to kids ages 0 to 17. It's totally FREE—and you can earn prizes for reading! It's as easy as 1-2-3:

1. Sign up for free online or at any BPL branch
2. Pick up a tracker and set a weekly reading goal.
3. Starting June 30, check in every week and pick up a reward.

Learn more at bpl.on.ca/SRC

R = Registration required

Accurate as of Jun 13 | Registration opens Wed Jun 18 at 12pm

Contact us: 905.639.3611

Program registration & updates: www.bpl.on.ca/events

GUIDE

JULY 2025
KIDS



BURLINGTON
Public
Library

Stuffies Night at the Library

Ever wondered what happens at the library after dark? Bring your favourite stuffed friend for a cozy storytime—then tuck them in for a night of fun and mischief behind the scenes! Pick up your stuffie the next day and check our social media to see their exciting adventures. All ages welcome.

Mon Jul 7 | 6:30-7pm | TANSLEY WOODS

Tue Jul 8 | 6:30-7pm | ALTON

Wed Jul 9 | 6:30-7pm | BRANT HILLS & NEW APPLEBY

Thu Jul 10 | 6:30-7pm | ALDERSHOT & CENTRAL

Weekly Drop-in Programs for Babies & Preschoolers

Mondays

Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL

Family Storytime 10:30-11am TANSLEY WOODS

Music & Rhythm Storytime 10:30-11am ALDERSHOT

Music & Rhythm Storytime 10:30-11am BRANT HILLS

Mini Tinker Time 11:15-12pm ALDERSHOT

Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY

Mother Goose & Baby Play and Chat 2-4pm ALTON

PJ Storytime 6:30-7pm TANSLEY WOODS

Tuesdays **all branches are closed on July 1*

Family Storytime 10:30-11am NEW APPLEBY

Family Storytime 10:30-11am ALDERSHOT

Mini Movement 10:30-11:30am TANSLEY WOODS

Baby Rhyme Time Stay & Play 10:30am-12pm ALTON

Mini Tinker Time 11:15am-12pm ALDERSHOT

Mother Goose 11:30am-12:30pm BRANT HILLS

Baby Rhyme Time Stay & Play 2-3:30pm TANSLEY WOODS**

***except Jul 29*

PJ Storytime 6:30-7pm ALTON

Wednesdays

Mini Playdate 10-11:30am NEW APPLEBY

Family Storytime 10:30-11am BRANT HILLS

Music & Rhythm Storytime 10:30-11am TANSLEY WOODS

Tales for Toddlers 10:30-11am ALTON

Tales for Toddlers 10:30-11am CENTRAL

Tales for Toddlers 10:30-11am NEW APPLEBY

Mini Movement 11am-12pm BRANT HILLS

PJ Storytime 6:30-7pm BRANT HILLS

Thursdays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS

Family Storytime 10:30-11am CENTRAL

Family Storytime 10:30-11am ALTON

Music & Rhythm Storytime 10:30-11am NEW APPLEBY

PJ Storytime 6:30-7pm ALDERSHOT

Fridays

Mini Playdate 10-11:30am NEW APPLEBY

Family Storytime 10:30-11am TANSLEY WOODS

Mini Tinker Time 10:30-11:30am ALDERSHOT

Music & Rhythm Storytime 10:30-11am CENTRAL

Tales for Toddlers 10:30-11am ALTON

Tales for Toddlers 10:30-11am BRANT HILLS

Tales for Toddlers 10:30-11am NEW APPLEBY

Saturdays

Mini Playdate 10-11:30am NEW APPLEBY

Family Storytime 10:30-11am ALTON

Family Storytime 10:30-11am BRANT HILLS

Family Storytime 10:30-11am CENTRAL

Family Storytime 10:30-11am NEW APPLEBY

Find program descriptions and resources for parents
& caregivers at www.bpl.on.ca/parents

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

Program calendar
and registration

