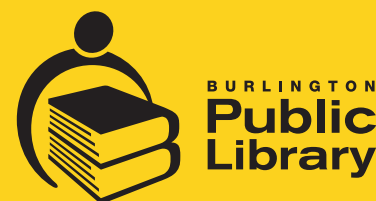


GUIDE

MAY 2025
ADULTS



Arts & Literature

R An Evening of Flute Music & Meditation

Relax and unwind with the soothing sounds of the Bansuri.
Thu May 1 | 7-8pm | CENTRAL

Free Comic Day

Drop by any branch for comic-themed creative and interactive activities, and pick up a FREE comic book. While supplies last!
Sat May 3 | ALL BRANCHES

Writers Space

Come and write in a quiet space with fellow writers. Ages 10+
Sat May 3 & 10 | 2-3:30pm | CENTRAL
Sat May 10 & 24 | 2-3:30pm | ALTON

Afternoon at the Movies

Tuesdays | 2-4pm | CENTRAL
May 6 - Amsterdam | May 13 - I Love My Dad | May 20 - Elvis
May 27 - The Peanut Butter Falcon

R How to Survive a Bear Attack

An evening with Claire Cameron, bestselling author of *The Bear*, *The Last Neanderthal*, and *How to Survive a Bear Attack*.
Tue May 6 | 7-8pm | CENTRAL

R Paint by Sticker

A fun and social twist on paint-by-numbers!
Thu May 8 | 2-3pm | CENTRAL

R BPL Book Club

Discover new books and make friends! bpl.on.ca/bookclub
Thu May 15 | 7-8pm | TANSLEY WOODS
Wed May 21 | 11am-12pm | CENTRAL
Thu May 22 | 7-8pm | ALTON
Tue May 27 | 2-3pm | BRANT HILLS
Tue May 27 | 2-3pm | NEW APPLEBY

R In Conversation with Linwood Barclay

Author Linwood Barclay joins us for a discussion with award-winning writer Stephen Brunt about Barclay's latest book, the supernatural thriller *Whistle*.
Wed May 21 | 1-2pm | CENTRAL

R Restaurant Kid

Rachel Phan's debut coming-of-age story is a poignant narrative about the cross-generational immigrant experience.
Sun May 25 | 2-3pm | CENTRAL

R In Conversation with Robert Macfarlane

A special off-site BPL event! From the celebrated writer, observer and naturalist Robert Macfarlane comes a brilliant, perspective-shifting new book, *Is a River Alive?*
Tue May 27 | 7-8pm | PORT NELSON UNITED CHURCH

BPL Reading Challenge Meet-up

Explore the read less travelled! Connect with other readers and chat about books. Learn more at bpl.on.ca/ReadingChallenge
Wed May 28 | 7-8pm | TANSLEY WOODS

R A Return to Memory Movie & Talk

A special screening of *A Return to Memory*, followed by a discussion with filmmaker Don McWilliams.
Thu May 29 | 2-4:30pm | CENTRAL

Lifestyle & Education

Just Breathe Drop-in

Slow down, practice self-acceptance, and let go of stress.
Thursdays, May 1-29 | 10:30am-12pm | CENTRAL

R Sit to be Fit

Increase your strength, balance, flexibility and endurance.
Thursdays, May 1-29 | 1-1:45pm | TANSLEY WOODS
Mondays, May 5, 12 & 26 | 11:15am-12pm | TANSLEY WOODS

Newcomer Conversation Circle

Build speaking confidence and social connections.
Thursdays to Jun 12 | 2-3pm | ALTON
Mon May 5, 12 & 26 | 6:30-7:30pm | ALTON

R Chair Yoga

Build strength and flexibility. No mat required. 18+
Sat May 3 | 10:30-11:30am | CENTRAL
Wed May 7 | 2-3pm | NEW APPLEBY
Tue May 13 | 1:30-2:30pm | BRANT HILLS

R Computer Classes | All at CENTRAL

MS Excel I - Mon May 5 | 10:30am-12pm
Basic Computer Skills - Wed May 7 | 2-3:30pm
MS Excel II - Mon May 12 | 10:30am-12pm
All About Zoom - Wed May 14 | 10:30am-12pm
MS Excel II - Mon May 26 | 10:30am-12pm

R Living Smart for Brain Health

Gain practical strategies and insights.
Mon May 5 | 2-3pm | BRANT HILLS

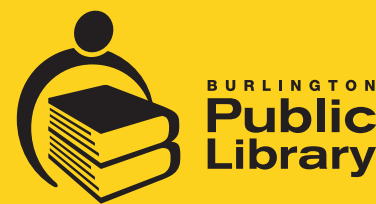
R = Registration required

Accurate as of Apr 10 | Registration opens Wed Apr 16 at 12pm

Contact us: 905.639.3611
Program registration & updates: www.bpl.on.ca/events

GUIDE

MAY 2025 ADULTS



> Lifestyle & Education continued

R Intro to Burlington Digital Archive

Access historical images, maps, clippings, and scrapbooks.
Tue May 6 | 2-3pm | BRANT HILLS

R Just Walk

Get out, get active, and enjoy the benefits of a healthy walk!
Wed May 7 | 10:30-11:30am | TANSLEY WOODS
Wed May 21 | 10:30-11:30am | CENTRAL

R Thrive with Acceptance & Commitment Therapy

Embrace change, build resilience, live authentically with help from the Burlington Family Health Team.
Wed May 7 | 2-3pm | CENTRAL

R Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship.
Thu May 8 | 5:30-7:30pm | TANSLEY WOODS

R Understanding Urinary Incontinence

Learn about causes and treatment options.
Fri May 9 | 2-3pm | NEW APPLEBY

R Understanding Grief

Explore how grief impacts our lives.
Fri May 9 | 2-3pm | TANSLEY WOODS

R Intro to LinkedIn Learning

Learn how to leverage the business networking platform.
Mon May 12 | 7-8pm | TANSLEY WOODS

R Intro to eBooks

Download free digital books and audiobooks.
Wed May 14 | 2-3:30pm | TANSLEY WOODS

R Better Living for Your Bones

A 4-week education series to help you reduce your risks.
Thursdays, May 15-Jun 5 | 10:30-11:30am | CENTRAL

R How to Teach Your Kids About Money

Raise financially independent and responsible and aware kids.
Thu May 15 | 7-8pm | BRANT HILLS

R iPad Boot Camp

How to get the most from your Apple device.
Tue May 20 & 27 | 2-3:30pm | ALTON

H.O.B. Maker Meetup

Mingle with fellow makers and be inspired.
Tue May 20 | 7-8:30pm | CENTRAL

R Intro to eResources

An introductory course in how to get started with eResources.
Wed May 21 | 2-3:30pm | NEW APPLEBY

BPL Book Sale

From our shelves to your home. Credit, debit, or cash!
Sat May 24 | 9am-5pm | CENTRAL

R MakerSpace Programs | All at CENTRAL

3D Design with Tinkercad - Sat May 24 | 2:30-4pm
Embroidery Design - Mon May 26 | 7-8:30pm
Intro to Laser Cutting - Thu May 29 | 7-8:30pm

R Mindfulness in Grief

An experiential workshop with Carpenter Hospice.
Mon May 26 | 2-3pm | CENTRAL

R AI Basics for Average Users

Explore the practical side of artificial intelligence.
Mon May 26 | 2-3pm | VIRTUAL

FREE...with your library card!



Find your next great read with Novelist, an online resource with curated book recommendations and trusted reviews. Learn more: bpl.on.ca/resources/books

OPEN HOURS

ALDERSHOT, ALTON, BRANT
HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm


Sat | 9am - 2pm

Note: Aldershot Branch will be **closed** from Sunday, May 4, to Sunday, June 1 for repairs.

Program calendar and registration



R = Registration required

 = Live on Zoom

Accurate as of Apr 10 | Registration opens Wed Apr 16 at 12pm

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GUIDE

MAY 2025
KIDS & TEENS



BURLINGTON
Public
Library

Family STEAM Time

Explore opportunities to design, invent, create, and re-imagine together as a family. All ages are welcome. Drop in.

Thursdays, May 1-29 | 6:30-7:30pm | NEW APPLEBY

Sundays, May 4-25 | 10:30-11:30am | TANSLEY WOODS

Sundays, May 4-25 | 2-4pm | ALTON

Saturdays, May 10-24 | 2-4pm | BRANT HILLS

R Meet the Beekeeper

Meet the passionate beekeepers of Backed By Bees, and learn all about honey bees and what they do. Get a peek inside the hive, and find out what you can do to help support these invaluable pollinators.

Thu May 1 | 6:30-7:30pm | ALTON



R Calm Kids, Bright Minds

An interactive class where children can learn simple techniques to manage emotions, reduce stress, and build focus. Ages 5-10 and parents/caregivers.

Sat May 3 | 2-3pm | BRANT HILLS

Writers Space

Drop in and write in a quiet space with fellow writers. Maybe all you need is a change of scenery! Ages 10+

Sat May 3 & 10 | 2-3:30pm | CENTRAL

Sat May 10 & 24 | 2-3:30pm | ALTON

R Story Scientists

We share a great story together and then bring the book to life through a hands-on activity. Ages 6 to 9.

Mon May 5, 12 & 26 | 6:30-7:15pm | BRANT HILLS

Wednesdays, Apr 2-16 | 6:30-7:15pm | ALTON

Tuesdays, May 13-27 | 6:30-7:15pm | CENTRAL

Tuesdays, May 13-27 | 6:30-7:30pm | NEW APPLEBY

Tue May 13 & 20 | 6:30-7:15pm | TANSLEY WOODS

R Story Scientists: Earth Day Edition

Celebrate Earth Day with a story, followed by a hands-on, environmentally-focused STEAM activity!

Tue May 6 | 6:30-7:30pm | CENTRAL & NEW APPLEBY

Tue May 6 | 6:30-7:15pm | TANSLEY WOODS

R Nintendo Switch Hangout

Join us for a fun afternoon of Nintendo Switch. Show off your skills, cheer on your friends, and become the next Nintendo Switch champion!

Wednesdays, May 7-21 | 6:30-7:30pm | ALTON

R Make Seed Balls with BurlingtonGreen

A hands-on workshop for families and all ages!

Learn about butterflies and bees while making your own native wildflower seed balls.

Thu May 8 | 6:30-7:30pm | BRANT HILLS

R Sari Sisters & Family Bonds

Come for an engaging afternoon exploring south Indian culture through story, dance, and crafts with author Anitha Rao-Robinson. Best suited for ages 4-7 with parent/caregiver.

Sat May 31 | 2-3pm | CENTRAL



**WRITE
HERE.**

**WRITE
NOW.**

Do you have a story to tell?

Our annual writing contest is open to everyone ages 10 and up. We can't wait to read your short stories, poems, and comics! Contest opens May 1 and closes May 31.

Check our website for details at bpl.on.ca/writenow

R = Registration required

Accurate as of Apr 10 | Registration opens Wed Apr 16 at 12pm

Contact us: 905.639.3611

Program registration & updates: www.bpl.on.ca/events

Drop-in Programs for Babies & Preschoolers

Mondays *All branches closed May 19

Baby Rhyme Time Stay & Play 10:30-11am CENTRAL
Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am BRANT HILLS
Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm ALTON

Tuesdays

Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11:30am **Tuesdays in May:
*Family Storytime will take place at Aldershot Pool
community room at 50 Fairwood Place West*
Mini Letters 10:30-11:30am TANSLEY WOODS
Tales for Toddlers 10:30-11am ALTON
Mother Goose 11:30am-12:30pm BRANT HILLS
PJ Storytime 6:30-7pm ALTON

Wednesdays

Mini Movement 9-11:30am NEW APPLEBY
Baby Rhyme Time 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am NEW APPLEBY
Mini Playdate 11am-12pm BRANT HILLS
PJ Storytime 6:30-7pm TANSLEY WOODS
PJ Storytime 6:30-7pm BRANT HILLS

Thursdays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS
Baby Rhyme Time Stay & Play 10:30am-12pm
TANSLEY WOODS
Family Storytime 10:30-11am CENTRAL
Music & Rhythm Storytime 10:30-11am NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY

Fridays

Mini Tinker Time 9-11:30am NEW APPLEBY
Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am BRANT HILLS
Tales for Toddlers 10:30-11am NEW APPLEBY

Saturdays

Family Storytime 9-11:30am NEW APPLEBY
Mini Tinker Time 9-11:30am NEW APPLEBY
Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Family Storytime 10:30-11am CENTRAL
Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am TANSLEY WOODS

Find program descriptions and resources for parents
& caregivers at www.bpl.on.ca/parents

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HILLS & NEW APPLEBY
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Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS
Mon - Thu | 9am - 9pm
Fri - Sun | 9am - 5pm

KILBRIDE
Tue & Thu | 5pm - 8pm
Sat | 9am - 2pm

Note: Aldershot
Branch will be
closed from
Sunday, May 4, to
Sunday, June 1 for
repairs.

Program calendar
and registration

