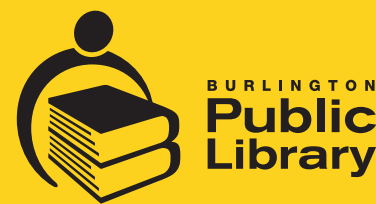


# GUIDE

## OCT 2024 ADULTS



### Arts & Literature

**Afternoon at the Movies** | Tuesdays | 2-4pm | CENTRAL

Oct 1 - Lion

Oct 8 - A Walk in the Woods

Oct 15 - The Public

Oct 22 - The Cuban

Oct 29 - Cafe Society

**R Invisible Prisons**

Multi-award-winning author Lisa Moore discusses her riveting non-fiction book with bestselling author Stephen Brunt.

Tue Oct 1 | 7-8pm | CENTRAL

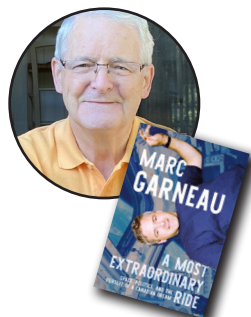


**R An Afternoon with Marc Garneau**

In his memoir, *A Most Extraordinary Ride*, astronaut and politician Marc Garneau chronicles his journey to becoming one of Canada's most distinguished citizens. A special offsite BPL event in partnership with A Different Drummer Books.

Sat Oct 5 | 2-3pm

PORT NELSON UNITED CHURCH



**R An Evening of Flute Music & Meditation**

Relax and unwind with the soothing sounds of the Bansuri.

Tue Oct 8 | 7-8pm | NEW APPLEBY

**R BPL Book Club**

Discover new books and make friends! [bpl.on.ca/bookclub](http://bpl.on.ca/bookclub)

Tue Oct 15 | 1-2pm | ALDERSHOT

Tue Oct 15 | 7-8pm | BRANT HILLS

Wed Oct 16 | 11am-12pm | CENTRAL

Thu Oct 17 | 7-8pm | TANSLEY WOODS

Mon Oct 21 | 1:30-2:30pm | NEW APPLEBY

Mon Oct 28 | 7-8pm | ALTON

Wed Oct 30 | 7-8pm | ALDERSHOT

**R Library Book Club**

Come and celebrate Ontario Public Library Week with us at our special edition book club!

Tue Oct 15 | 2-3pm | ALTON

Thu Oct 17 | 2-3pm | ALDERSHOT

### Lifestyle & Education

**R Just Walk**

Get out, get active, and enjoy all the benefits that come from walking! An informative wellness presentation followed by a healthy walk and lively conversation.

Wed Oct 2 | 10-11am | TANSLEY WOODS

Mon Oct 21 | 10-11am | CENTRAL

**Just Breathe Drop-in**

Practice present moment awareness and self-acceptance.

Thursdays, Oct 3-31 | 10-11am | CENTRAL

**R Sit to be Fit**

Increase your strength, balance, flexibility and endurance.

Tuesdays, Oct 15-29 | 9:30-10:15am | NEW APPLEBY

Thursdays, Oct 3-31 | 1-1:45pm | TANSLEY WOODS

Mondays, Oct 7, 21 & 28 | 11:15am-12:15pm | TANSLEY WOODS

**R Dementia-Friendly Tech Club**

A hands-on tech class for those living with dementia.

Thursdays, Sep 26-Nov 21 | 1:30-4:30pm | CENTRAL

**R Advanced Care Planning Workshop**

Communicate your wishes and preferences for care.

Thu Oct 3 | 5-7pm | BRANT HILLS

Thu Oct 17 | 2:30-4:30pm | TANSLEY WOODS

**R Chair Yoga**

Exercise your body and mind. No mat required. Ages 18+

Saturdays, Oct 5 & 26 | 1:30-2:30pm | NEW APPLEBY

Tuesday Oct 8 | 1:30-2:30pm | ALDERSHOT

**R Family History & Genealogy Basics**

An intro to online resources for genealogy beginners.

Mon Oct 7 | 1:30-2:30pm | BRANT HILLS

**Newcomer Conversation Circle**

Improve your English and build social connections.

Mondays, Oct 7-Dec 16 | 6:30-7:30pm | ALTON

**R Intro to Burlington Digital Archive**

Learn how you can search for, view, and download historical images, maps, clippings, scrapbooks and more.

Tue Oct 8 | 1:30-2:30pm | NEW APPLEBY

**R** = Registration required

= Live on Zoom

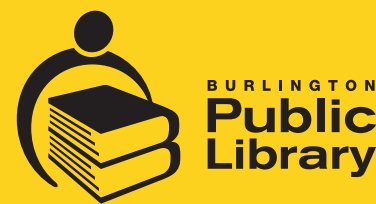
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# GUIDE

## OCT 2024 ADULTS



> Lifestyle & Education continued

**R** **Computer Classes** | All at CENTRAL

MS Word I - Tue Oct 8 | 2-3:30pm

MS Word II - Tue Oct 15 | 2-3:30pm

MS Word III - Tue Oct 22 | 2-3:30pm

**R** **Managing Finances in Retirement**

Gain practical tips to help you manage throughout retirement.

Thu Oct 10 | 2-3pm | ALDERSHOT

**R** **Canadian Citizenship Test: Get Ready**

Practice taking the test and learn about citizenship.

Thu Oct 10 | 5:30-7:30pm | TANSLEY WOODS

**R** **MakerSpace Programs** | All at CENTRAL

Intro to Laser Cutting - Sat Oct 12 | 3-4pm

3D Design with Tinkercad - Thu Oct 24 | 7-8:30pm

Intro to Embroidery - Tue Oct 29 | 7-8:30pm

**R** **Mindfulness in Bereavement**

An introduction to promoting resilience.

Tue Oct 15 | 6:30-7:30pm | CENTRAL

**H.O.B. Maker Meetup**

Connect with other local makers and get inspired!

Tue Oct 15 | 7-8:30pm | CENTRAL

**R** **Intro to eBooks**

Download FREE digital books with your library card.

Wed Oct 16 | 1-2pm | NEW APPLEBY

**R** **iPad Boot Camp**

Feel more confident using your Apple iPad.

Fridays, Oct 18 & 25 | 12-1:30pm | TANSLEY WOODS

Wednesdays, Oct 23 & 30 | 1-2:30pm | NEW APPLEBY

**R** **Chinese Tea Essentials**

Discover the ancient art and science behind Chinese tea.

Sat Oct 19 | 2-3:15pm | TANSLEY WOODS

**R** **How to Keep a Healthy Brain**

Achieve brain health at any age.

Mon Oct 21 | 1:30-2:30pm | CENTRAL

**R** **Live Stronger for Longer**

Get practical tips on how you can live a healthier life.

Tue Oct 22 | 7-8pm | VIRTUAL

**R** **ADHD & You**

Explore neurodiversity and learn to thrive with ADHD.

Wed Oct 23 | 1:30-2:30pm | TANSLEY WOODS

**Halloween MakerSpace Showcase**

Make boo-tifully scary stuff with our MakerSpace equipment.

Wed Oct 23 | 6-8:30pm | CENTRAL

**R** **Optimizing Wi-Fi Internet & Online Security at Home**

A Tech Talk with Chris Bint.

Mon Oct 28 | 12:30-1:30pm | VIRTUAL

**R** **Intro to eResources**

Stream movies, listen to music, and research online.

Tue Oct 29 | 1:30-2:30pm | ALTON

**R** **Navigating the Storm**

All about the brain/body connection for mental well-being.

Tue Oct 29 | 1:30-2:30pm | CENTRAL

**FREE**...with your library card!



Mango Languages includes online language learning courses in over 70 languages, and English lessons in 20 languages.

Learn more at [bpl.on.ca/resources/learn](https://bpl.on.ca/resources/learn)



## OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

Program calendar  
and registration



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# GUIDE

OCT 2024  
KIDS & TEENS



BURLINGTON  
Public  
Library

## Arts & Literature

### Relax, Listen & Draw Drop-In

Sit back and relax as a librarian reads aloud some great stories geared to kids in grades 1-3. Guess what will happen in the story and find out if you're right!

Thu Oct 3 | 6-6:45pm | TANSLEY WOODS

Mon Oct 7 | 6-6:45pm | ALTON

Saturdays, Oct 12 & 26 | 2-3pm | CENTRAL

### **R** Make Your Own Collage!

Create a masterpiece using colourful plants and animals. A hands-on workshop for kids ages 6 to 12 with a caregiver.

Sat Oct 5 | 2-2:45pm | CENTRAL

Sun Oct 6 | 2-2:45pm | TANSLEY WOODS

### **R** Plotting 101

An interactive workshop for young writers with author Jennifer Mook-Sang. Bring your imagination and curiosity!

Sat Oct 12 | 1:30-3pm | ALTON

### **R** Make Your Own Mini-Zine!

Learn how to cut and fold paper to create a mini-zine you can copy and share with your friends. Ages 12+

Sat Oct 12 | 2-3:30pm | ALTON

### **R** Grade 4 to 6 Book Club

If you love to read, this club's for you! Books provided.

Thu Oct 17 | 6:30-7:30pm | CENTRAL

Tue Oct 29 | 6-7pm | TANSLEY WOODS

Wed Oct 30 | 7-8pm | ALTON

### **R** Grade 7 & 8 Book Club

Share your thoughts and opinions with other readers at our monthly meetings. Books provided.

Thu Oct 24 | 6-7pm | TANSLEY WOODS

Thu Oct 24 | 7-8pm | ALTON

### Book Bites

A monthly drop-in meetup just for teens! Tell us about a book you've recently read and hear about what others are reading. There's always something new to discover!

Wed Oct 16 | 7-8pm | TANSLEY WOODS

Mon Oct 21 | 3-3:45pm | ALTON

Tue Oct 29 | 7-8pm | CENTRAL

## Science & More

### **R** Story Scientists

We share a great story together and then bring the book to life through a hands-on activity. Ages 6 to 9.

Tuesdays, Oct 1-22 | 5:30-6:15pm | BRANT HILLS

Tuesdays, Oct 8-29 | 6:30-7:15pm | CENTRAL

### Tech Petting Zoo

Play – Learn – Explore! Try out our Snap Circuits, Little Bits, Cubelets and more. All ages are welcome.

Tuesdays, Oct 1 & 15 | 6-7pm | TANSLEY WOODS

### Family STEAM Time

Explore opportunities to design, invent, and create together.

Thursdays, Oct 3-31 | 2-3pm | BRANT HILLS

Saturdays, Oct 5-26 | 1-3pm | BRANT HILLS

Sundays, Oct 6-27 | 10:30-11:30am | TANSLEY WOODS

Sundays | 1-3pm | ALDERSHOT

Sundays | 2-4pm | ALTON

### **R** STEAM Starts with Science

Hands-on fun for ages 6-9.

Thursdays, Oct 3-31 | 4-5pm | ALTON

Thursdays, Oct 3-24 | 4-5pm | NEW APPLEBY

Mondays Oct 7, 21, & 28 | 4-4:45pm | ALDERSHOT

### **R** Good Debt versus Bad Debt

Get savvy about spending and gain an understanding of how to manage debt responsibly. Ages 13-18.

Thu Oct 3 | 7-8pm | VIRTUAL

### **R** Family Coding Foundations

Curious about coding? Children ages 6-9 and their adult caregivers participate together in this 4-week series.

Wednesdays, Oct 9-30 | 6:30-7:30pm | ALTON

## PA DAY FUN


Fri Oct 11 | 1-3pm

ALL BRANCHES

Explore the **animal kingdom** through games, scavenger hunts, and more.



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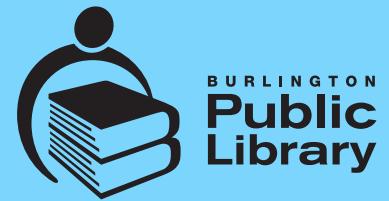
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# GUIDE

## OCT 2024 KIDS & TEENS



> *Science & More continued*

### **R** **STEM: Sticky Science**

Make your own glue and create your own sticky art. And of course, there will be silly putty! Geared to ages 4 to 12.  
Thu Oct 17 | 4-5pm | VIRTUAL

### **R** **Entrepreneurship for Teens**

Are you a teen with big ideas and the drive to make them a reality? Ignite your creative spirit with this workshop.  
Thu Oct 17 | 6-7pm | VIRTUAL

### **R** **Teen Toastmasters**

Do you get nervous presenting in public? Learn the crafts of public speaking and leadership. Ages 13-19.  
Tuesdays, Oct 22-Dec 10 | 7-8pm | ALTON

## OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

Program calendar  
and registration



## Drop-in Programs for Babies & Preschoolers

### **Mondays**

Baby Rhyme Time 10:30-11am CENTRAL  
Family Storytime 10:30-11am ALTON  
Family Storytime 10:30-11am TANSLEY WOODS  
Tales for Toddlers 10:30-11am BRANT HILLS  
Mother Goose & Baby Play and Chat 1:30-3:30pm ALTON

### **Tuesdays**

Family Storytime 10:30-11am NEW APPLEBY  
Tales for Toddlers 10:30-11am ALDERSHOT  
Tales for Toddlers 10:30-11am ALTON  
Mini Movement 10:30-11:30am TANSLEY WOODS  
Mini Movement 11:30am-12:30pm ALDERSHOT  
PJ Storytime 6:30-7pm ALTON

### **Wednesdays**

Mini Playdate 9-11:30am NEW APPLEBY  
Baby Rhyme Time 10:30-11am ALTON  
Family Storytime 10:30-11am BRANT HILLS  
Family Storytime 10:30-11am TANSLEY WOODS  
Tales for Toddlers 10:30-11am CENTRAL  
Tales for Toddlers 10:30-11am NEW APPLEBY  
PJ Storytime 6-6:30pm TANSLEY WOODS  
PJ Storytime 6:30-7pm BRANT HILLS  
PJ Storytime 6:30-7pm CENTRAL

### **Thursdays**

Baby Rhyme Time 10:30-11am BRANT HILLS  
Baby Rhyme Time 10:30-11am TANSLEY WOODS  
Family Storytime 10:30-11am CENTRAL  
Mini Letters 10:30-11:30am ALTON  
Music & Rhythm Storytime 10:30-11am NEW APPLEBY  
Mother Goose & Baby Play and Chat 1:30-3:30pm NEW APPLEBY


### **Fridays**

Mini Tinker Time 9-11:30am NEW APPLEBY  
Family Storytime 10:30-11am ALDERSHOT  
Music & Rhythm Storytime 10:30-11am BRANT HILLS  
Music & Rhythm Storytime 10:30-11am CENTRAL  
Tales for Toddlers 10:30-11am ALTON  
Tales for Toddlers 10:30-11am NEW APPLEBY  
Tales for Toddlers 10:30-11am TANSLEY WOODS

### **Saturdays**

Mini Tinker Time 9-11:30am NEW APPLEBY  
Family Storytime 10:30-11am ALTON  
Family Storytime 10:30-11am BRANT HILLS  
Family Storytime 10:30-11am CENTRAL  
Family Storytime 10:30-11am NEW APPLEBY  
Family Storytime 10:30-11am TANSLEY WOODS

Program descriptions: [www.bpl.on.ca/parents/storytime](http://www.bpl.on.ca/parents/storytime)

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