

GUIDE

SEPT 2026
ADULTS



BURLINGTON
Public
Library

Arts & Literature

Afternoon at the Movies

Tuesdays | 1:30-3:30pm | CENTRAL
Sep 1 - Mamma Mia! | Sep 8 - The Good House | Sep 15 -
Phantom Thread | Sep 22 - Champions | Sep 29 - Chaakapesh

R BPL Book Club

Check out what we're reading at bpl.on.ca/bookclub
Tue Sep 15 | 2-3pm | ALDERSHOT
Wed Sep 16 | 11am-12pm | CENTRAL
Thu Sep 17 | 7-8pm | TANSLEY WOODS
Tue Sep 22 | 2-3pm | BRANT HILLS
Tue Sep 29 | 2-3pm | NEW APPLEBY

R The Barber of Seville

An opera talk with Southern Ontario Lyric Opera.
Tue Sep 15 | 7-8:30pm | CENTRAL

R A Journey Through Egyptian Music

Learn the history and enjoy a live performance.
Sun Sep 20 | 2-3pm | CENTRAL

R Anuja Varghese on Indian Romantasy

Anuja Varghese discusses *A Kiss of Crimson Ash*, the first book
in her new medieval India fantasy trilogy.
Thu Sep 24 | 7-8pm | CENTRAL

R Robert Harris Revisits Ancient Rome

The internationally bestselling author talks about *Agrippa*, his
sweeping new political thriller. An off-site event.
Sun Sep 27 | 3-4pm | PORT NELSON UNITED CHURCH

R Anita Rau Badami in Conversation

The award-winning author discusses *Asha in Her Garden*.
Tue Sep 29 | 7-8pm | CENTRAL

BPL Reading Challenge Meet-up

Our challenge for September is to read a book by an Indigenous
author. Learn more at bpl.on.ca/RC
Wed Sep 30 | 6:15-7pm | CENTRAL

R Canada's First Residential School

Richard W. Hill Sr. discusses the collection of essays in *Behind
the Bricks*, providing deep insight into the Mohawk Institute.
Wed Sep 30 | 7-8pm | CENTRAL

Weekly

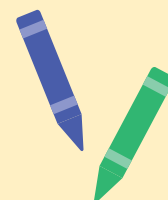
Meetups

Connect with neighbours in an inviting and relaxed space at
our NEW weekly meetups! Everyone is welcome.

Current Events - Discuss headlines and make new friends.
Wednesdays | 1:30-3:30pm | CENTRAL

Chess - No experience needed!
Thursdays | 6:30-8:30pm | NEW APPLEBY

Doodle Drawing - Doodle, sketch, and colour.
Saturdays | 1:30-3:30pm | TANSLEY WOODS



Lifestyle & Education

R Intro to eBooks

Borrow FREE eBooks, eAudiobooks, and eMagazines.
Tue Sep 3 | 10:30am-12pm | CENTRAL
Thu Sep 10 | 2-3:30pm | ALDERSHOT

R Tech Connect

Gain confidence using everyday technology. A 4-week course.
Wed Sep 2-23 | 2-3pm | ALTON

R Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship.
Wed Sep 2 | 5:30-7:30pm | NEW APPLEBY

Just Breathe Drop-in

Let go of stress and breathe.
Thursdays | 10-11:30am | CENTRAL

R Chair Yoga

Exercise your body and mind and build strength and flexibility.
Fri Sep 4-18 | 2-3pm | ALDERSHOT
Tue Sep 8 & 22 | 2-3pm | NEW APPLEBY

R Sewing Entrepreneurship 101

Turning your sewing skills into a business!
Tue & Thu, Sep 8-Dec 10 | 10am-1pm | CENTRAL

R Craving Change

Reframe your relationship with food, mindfully!
Tue Sep 8-Oct 13 | 2-3pm | TANSLEY WOODS

R = Registration required

Accurate as of Aug 11 | Registration opens Wed Aug 19 at 12pm

Contact us: 905-639-3611
Program registration & updates: www.bpl.on.ca/events

GUIDE

SEPT 2026
ADULTS



BURLINGTON
Public
Library

> Lifestyle & Education continued

R Just Walk

Get out, get active, and enjoy a healthy walk.
Wed Sep 9 | 10:30-11:30am | TANSLEY WOODS
Thu Sep 24 | 10:30-11:30am | ALDERSHOT

R Intro to eResources

Learn how to use the free eResources available at BPL.
Wed Sep 9 | 2-3pm | NEW APPLEBY

R Maker Programs

Intro to Laser Cutting - Wed Sep 9 | 6:30-8pm | CENTRAL
Sewing Machine Basics - Sat Sep 12 | 2:30-3:30pm | CENTRAL
Embroidery Machine 101 - Mon Sep 21 | 7-8:30pm | CENTRAL
3D Design with Tinkercad - Sat Sep 26 | 2:30-4pm | CENTRAL
Sewing Machine Basics - Tue Sep 29 | 7-8pm | ALTON
Embroidery Design - Mon Sep 28 | 7-8:30pm | CENTRAL

R Heartfulness Cleansing & Meditation

Discover simple heartfulness practices to reduce stress.
Wed Sep 9-30 | 7-8pm | ALTON

R Preventive Health Care

Learn about the importance of timely cancer screening.
Thu Sep 10 | 2-3pm | TANSLEY WOODS

Tech Cafe

Bring your questions and your device for one-on-one help.
Sun Sep 13 | 10am-12pm | CENTRAL

R Sit to be Fit

Exercise your way to better health and fitness.
Mon Sep 14-28 | 11:15am-12pm | CENTRAL
Mon Sep 14-28 | 11:15am-12pm | TANSLEY WOODS

H.O.B. Maker Meetup

Connect with other local makers and get inspired!
Tue Sep 15 | 7-8:30pm | CENTRAL

R Gardens That Give Back

Find out how to create a garden that supports biodiversity.
Tue Sep 15 | 7-8pm | ALTON

R Estate Planning

Understand the various tools of the process.
Thu Sep 17 | 10:30-11:30am | ALDERSHOT

R Meditation for Well-Being

Take time to pause and recharge.
Sat Sep 19 | 2-3pm | TANSLEY WOODS

R Scams, Tricks & Digital Hoaxes

Mon Sep 21 | 2-3pm | VIRTUAL

R Paint by Sticker

A fun, social twist on paint-by-numbers!
Mon Sep 21 | 6:30-7:30pm | TANSLEY WOODS
Tue Sep 29 | 6:30-7:30pm | BRANT HILLS

R iPad Boot Camp

Learn how to make the most of your device.
Tue Sep 22 & 29 | 2-3:30pm | ALDERSHOT

R Dating After Loss

A supportive workshop with practical information.
Tue Sep 22 | 7-8pm | CENTRAL

R Ten Healthy Habits of Financial Management

Top tips, tools and resources to help you meet your goals.
Tue Sep 22 | 7-8pm | ALTON

R Nature's Medicine Cabinet

An introduction to herbal and holistic medicine.
Wed Sep 23 | 7-8pm | CENTRAL

R MIND Diet for a Healthy Brain

Find out what foods to eat and which to avoid.
Fri Sep 25 | 2-3pm | ALDERSHOT

Drop-in Support Services: Get personal help from local organizations providing legal services, resume review, newcomer support, and more. Details at bpl.on.ca/support

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

NOTE: Brant Hills Branch will be **closed** from Aug 10-Sep 13.

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

Program calendar and registration

KILBRIDE *reopening Sep 8

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm



R = Registration required

 = Live on Zoom

Accurate as of Aug 11 | Registration opens Wed Aug 19 at 12pm

Contact us: 905.639.3611
Program registration & updates: www.bpl.on.ca/events

GUIDE

SEPT 2026
KIDS & TEENS



BURLINGTON
Public
Library

R STEAM Time

Let the adventure begin with hands-on activities that bring science, technology, engineering, art, and math to life. It's all about exploring, experimenting, and having a blast! Ages 6 to 9.

Tue Sep 1-29 | 6:30-7:30pm | CENTRAL

Tue Sep 1-29 | 6:30-7:30pm | TANSLEY WOODS

R Family Coding Foundations

Learn fundamental coding skills through games, challenges, and puzzles. Ages 6-9.

Thu Sep 3-24 | 6:30-7:30pm | ALDERSHOT

R Make a Back-to-School Vision Board

Create a personalized vision board that highlights your hopes and goals for the year ahead. Ages 9-13.

Thu Sep 3 | 6:30-7:30pm | TANSLEY WOODS

R Tech Explorers

Through games, hands-on challenges, and robot exploration, learn coding concepts while building problem-solving and teamwork skills. Ages 6-10.

Thu Sep 3-24 | 6:30-7:30pm | NEW APPLEBY

Mon Sep 21 & 28 | 6:30-7:30pm | BRANT HILLS



My First Library Card Storytime



Welcome to the magical world of the library! Join us for a special storytime, then sign your little one up for their very own Burlington Public Library card. Ages 0 to 5.

No need to register in advance, but parents/guardians need to bring current photo ID with proof of address.

Thu Sep 10 | 10:30-11:30am | CENTRAL

Fri Sep 11 | 10:30-11:30am | ALDERSHOT

Fri Sep 11 | 10:30-11:30am | TANSLEY WOODS

Sat Sep 19 | 10:30-11:30am | ALTON

Tue Sep 22 | 10:30-11:30am | NEW APPLEBY

Wed Sep 23 | 10:30-11:30am | BRANT HILLS

Family STEAM Time

Design, invent, create, and re-imagine together through loose parts play. All ages are welcome. Drop-in.

Sundays | 10:30-11:30am | TANSLEY WOODS

Sundays | 2-4pm | ALDERSHOT

Saturdays starting Sep 12 | 2-4pm | NEW APPLEBY

Sundays starting Sep 20 | 2-4pm | BRANT HILLS

R Nintendo Switch Hangout

Show off your skills and cheer on your friends. Ages 8+

Wed Sep 9-30 | 6:30-7:30pm | ALDERSHOT

Mon Sep 14-28 | 6:30-7:30pm | ALTON

Tech Petting Zoo

Try out Little Bits, Cubelets and more. All ages.

Sat Sep 19 | 2-3pm | CENTRAL

R Gratitude, Meditation, Clay & Play

Slow down and connect through gratitude, guided meditation, and creative expression. For ages 6-12.

Sat Sep 26 | 2-3pm | BRANT HILLS

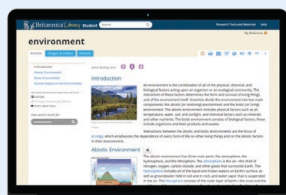
FREE...with your library card!

Britannica Library is an online resource with all the best parts of the classic Britannica Encyclopedia books—plus so much more!

Research a wide range of topics for school projects and presentations with hundreds of thousands of trusted articles, audio clips, maps, biographies, images and videos.



Get started at
bpl.on.ca/resources/learn



R = Registration required

Accurate as of Aug 11 | Registration opens Wed Aug 19 at 12pm

Contact us: 905.639.3611

Program registration & updates: www.bpl.on.ca/events

Weekly Drop-in Programs for Babies & Preschoolers

Mondays **all branches closed Sep 7*

Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL
 Baby Rhyme Time Stay & Play 10:30am-12pm ALDERSHOT
 Family Storytime 10:30-11am TANSLEY WOODS
 Mini Tinker Time 10:30-11:30am ALTON
 Music & Rhythm Storytime 10:30-11am BRANT HILLS
 Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
 Mother Goose & Baby Play and Chat 2-4pm ALTON
 PJ Storytime 6:30-7pm ALDERSHOT
 PJ Storytime 6:30-7pm NEW APPLEBY

Tuesdays

Baby Rhyme Time Stay & Play 10:30am-12pm ALTON
 Tales for Toddlers 10:30-11am NEW APPLEBY
 Family Storytime 10:30-11am ALDERSHOT
 Mini Movement 10:30-11:30am TANSLEY WOODS
 Mini Tinker Time 11am-12pm ALDERSHOT

Wednesdays

Family Storytime 10:30-11am BRANT HILLS **outdoors Sep 2 & 9*
 Family Storytime 10:30-11am ALTON
 Music & Rhythm Storytime 10:30-11am ALDERSHOT
 Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
 Tales for Toddlers 10:30-11am CENTRAL
 Tales for Toddlers 10:30-11am NEW APPLEBY
 PJ Storytime 6:30-7pm BRANT HILLS **starting Sep 16*
 PJ Storytime 6:30-7pm TANSLEY WOODS

Thursdays

Kids & Me Drop-in 9:30-10:30am | NEW APPLEBY
 Baby Rhyme Time Stay & Play 10:30am-12pm TANSLEY WOODS
 Family Storytime 10:30-11am BRANT HILLS **starting Sep 17*
 Family Storytime 10:30-11am CENTRAL
 Music & Rhythm Storytime 10:30-11am ALTON
 Music & Rhythm Storytime 10:30-11am NEW APPLEBY
 Mini Playdate 11am-12pm BRANT HILLS **starting Sep 17*
 Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY
 PJ Storytime 6:30-7pm ALTON

Fridays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS **starting Sep 18*
 Family Storytime 10:30-11am ALTON
 Family Storytime 10:30-11am CENTRAL
 Family Storytime 10:30-11am TANSLEY WOODS
 Tales for Toddlers 10:30-11am ALDERSHOT
 Tales for Toddlers 10:30-11am NEW APPLEBY
 Mini Movement 11am-12pm ALDERSHOT

Saturdays

Family Storytime 10:30-11am ALTON, BRANT HILLS *(*starting Sep 19)*, CENTRAL, NEW APPLEBY & TANSLEY WOODS
 Music & Rhythm Storytime 2-3:30pm ALDERSHOT
 Mini Tinker Time 2:30-3:30pm ALDERSHOT

Find program descriptions and resources for parents & caregivers at bpl.on.ca/parents

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm
 Fri & Sat | 9am - 5pm
 Sun | 12pm - 5pm

NOTE: Brant Hills Branch will be **closed** from Aug 10-Sep 13.

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm
 Fri - Sun | 9am - 5pm

Program calendar and registration

KILBRIDE **reopening Sep 8*

Tue & Thu | 5pm - 8pm
 Sat | 9am - 2pm

