

GUIDE

MARCH 2026
ADULTS



BURLINGTON
Public
Library

Arts & Literature

Afternoon at the Movies

Tuesdays | 1:30-3:30pm | CENTRAL

Mar 3 - Suffragette | Mar 10 - A Beautiful Day in the Neighborhood | Mar 17 - Belfast | Mar 24 - Green Book | Mar 31 - Transamerica

R Marrow Memory with Dr. Nowaczyk

Author and pediatric clinical geneticist Dr. Margaret Nowaczyk discusses *Marrow Memory: Essays of Discovery*.
Sun Mar 8 | 2-3pm | CENTRAL

R HPO: A New Sound

Dive into the lives and music of composers Saint-Saëns, Dvořák and Ravel with Hamilton Philharmonic Orchestra.
Wed Mar 11 | 2-3:30pm | CENTRAL

R Greek Myths Reimagined

Classicist Natalie Haynes discusses her new book, a bold retelling of the myth of Jason and his Argonauts.
Sun Mar 15 | 1-2pm | CENTRAL

R BPL Book Club

Check out what we're reading at bpl.on.ca/bookclub
Tue Mar 17 | 2-3pm | ALDERSHOT
Wed Mar 18 | 11am-12pm | CENTRAL
Thu Mar 19 | 7-8pm | TANSLEY WOODS
Tue Mar 24 | 2-3pm | BRANT HILLS
Thu Mar 26 | 7-8pm | ALTON
Tue Mar 31 | 2-3pm | NEW APPLEBY

R Window Shopping for God

Author Deborah Kimmett presents her creative process that results in writing full of humour, heart, and honesty.
Sun Mar 22 | 2-3pm | CENTRAL

BPL Reading Challenge Meet-up

Our March challenge is to read a **book that makes you laugh out loud!** Join us at our meet-up, then stay for our author talk with Terry Fallis. Learn more at bpl.on.ca/RC
Tue Mar 31 | 6:15-7pm | CENTRAL

R Terry Fallis Talks Humour

Terry Fallis explores the craft of humour writing and why it remains surprisingly scarce in Canadian publishing.
Tue Mar 31 | 7-8pm | CENTRAL

Lifestyle & Education

R Chair Yoga

Build strength and flexibility. No mat is required. 18+
Mon Mar 2, 9 & 30 | 2-3pm | ALDERSHOT
Tue Mar 10 & 24 | 2-3pm | NEW APPLEBY
Sat Mar 28 | 2-3pm | ALTON

Newcomer Conversation Circle

Build confidence and improve your English skills.
Mon Mar 2 & 9 | 6:30-7:30pm | ALTON
Thu Mar 5 & 12 | 2-3pm | ALTON

Knit 'n' Natter

Tuesdays | 6:30-8:30pm | ALTON
Wednesdays | 1:30-3:30pm | ALDERSHOT & BRANT HILLS
Wednesdays | 6:30-8:30pm | CENTRAL
Fridays | 1:30-3:30pm | NEW APPLEBY
Saturdays | 10am-12pm | ALDERSHOT

R Intro to eResources

Learn how to use the free eResources available at BPL.
Wed Mar 4 | 2-3pm | ALTON

R Tablet Boot Camp

How to get the most from your device.
Wed Mar 4 & 11 | 2-3:30pm | NEW APPLEBY - **iPad**
Wed Mar 4 & 11 | 2-3:30pm | ALDERSHOT - **Android**
Mon Mar 23 & 30 | 6:30-8pm | TANSLEY WOODS - **Android**

R Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship.
Wed Mar 4 | 5:30-7:30pm | NEW APPLEBY

Just Breathe Drop-in

Let go of stress for a calming hour.
Thursdays | 10:30am-12pm | CENTRAL

R Better Living for Your Bones

Explore the role of exercise, nutrition, and medications in preventing low bone density and osteoporosis.
Thursdays, Mar 5-26 | 2-3pm | ALDERSHOT

R = Registration required

Accurate as of Feb 12 | Registration opens Wed Feb 18 at 12pm

Contact us: 905-639-3611
Program registration & updates: www.bpl.on.ca/events

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MARCH 2026 ADULTS



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> Lifestyle & Education continued

R **Maker Programs** - All at CENTRAL

Think Like a Maker - Thu Mar 5 & 12 | 6:30-8pm
Sewing Machine Basics - Mon Mar 16 | 7-8pm
Intro to Laser Cutting - Wed Mar 18 | 6:30-8pm
Embroidery Machine 101 - Mon Mar 23 | 7-8:30pm
3D Design with Tinkercad - Sat Mar 28 | 2:30-4pm
Embroidery Design - Mon Mar 30 | 7-8:30pm

R **Meditation for Well-Being**

Take time to pause and recharge.
Saturdays, Mar 7-28 | 10:30-11:30am | CENTRAL

R **Computer Classes** - All at CENTRAL

MS Word I - Mon Mar 9 | 10:30am-12pm
MS Word II - Mon Mar 16 | 10:30am-12pm
MS Word III - Mon Mar 23 | 10:30am-12pm

R **Advanced Care Planning Workshop**

An interactive session with Carpenter Hospice.
Mon Mar 9 | 2-3pm | CENTRAL

R **Meditation & Gentle Movement Flow**

Release tension, reduce stress, and restore inner balance.
Mon Mar 9 | 7-8pm | TANSLEY WOODS

R **Just Walk**

Get out, get active, and enjoy a healthy walk.
Wed Mar 11 & 25 | 10:30-11:30am | CENTRAL

Gathering Voices Community Circle

Everyone is welcome! Share stories and learn through Indigenous teachings and holistic and creative practice.
Wed Mar 11 | 6:30-8pm | NEW APPLEBY

R **Understanding Grief**

Open to anyone interested in learning more about grief.
Wed Mar 11 | 7-8pm | ALTON

R **Intro to eBooks**

Download free eBooks and eAudiobooks.
Thu Mar 12 | 10:30am-12pm | ALDERSHOT
Tue Mar 31 | 6:30-7:30pm | BRANT HILLS

H.O.B. Maker Meetup

Mingle and share ideas with others!
Tue Mar 17 | 7-8:30pm | CENTRAL

R **Fraud Protection**

Get sound and timely advice from a financial expert.
Mon Mar 23 | 2-3pm | ALDERSHOT

R **Preventive Health Care**

Identify problems earlier, making them easier to treat.
Wed Mar 25 | 2-3pm | CENTRAL

R **LinkedIn Made Easy**

With certified career & leadership coach Sara Curto.
Wed Mar 25 | 7-8pm | VIRTUAL

R **Teaching Kids Emotional Regulation**

Learn evidence-based strategies you can use now.
Wed Mar 25 | 7-8pm | CENTRAL

R **MIND Diet for a Healthy Brain**

Find out what food to eat and which to avoid.
Thu Mar 26 | 2-3pm | BRANT HILLS

R **Master Your Internet Browser**

Go beyond the basics in this Tech Talk with Chris Bint.
Mon Mar 30 | 2-3pm | VIRTUAL

Drop-in Support Services: Get personal help from local organizations providing legal services, resume review, newcomer support, and more. Details at bpl.on.ca/support

OPEN HOURS

ALDERSHOT, ALTON, BRANT
HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm
Fri & Sat | 9am - 5pm
Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm
Fri - Sun | 9am - 5pm


KILBRIDE

Tue & Thu | 5pm - 8pm
Sat | 9am - 2pm

Program calendar
and registration



R = Registration required

 = Live on Zoom

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MARCH 2026 KIDS & TEENS



BURLINGTON
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Family STEAM Time

Design, invent, and create, together as a family. All ages.
Sundays | 10:30-11:30am | TANSLEY WOODS
Sundays | 2-4pm | BRANT HILLS
Saturdays | 2-4pm | ALDERSHOT

R Nintendo Switch Hangout

Show off your skills and cheer on your friends.
Mon Mar 2-30 | 6:30-7:30pm | ALTON
Mon Mar 2 & 9 | 6:30-7:30pm | BRANT HILLS

STEAM Time

Hands-on fun and exciting activities. Ages 6 to 9.
Tuesdays | 6:30-7:30pm | CENTRAL & TANSLEY WOODS
Thursdays | 6:30-7:30pm | ALDERSHOT & NEW APPLEBY

Paws for Stories

Build confidence by reading to a therapy dog. Ages 6-12.
Saturdays | 2-3pm | BRANT HILLS

Tech Petting Zoo

Try our Snap Circuits, Little Bits, Cubelets and more.
Sat Mar 7 | 2-3pm | CENTRAL & NEW APPLEBY

Board Game Drop-in

Hang out and play a range of games. Drop in anytime to play. Everyone is welcome.
Saturdays | 2-4pm | ALDERSHOT

R Gratitude, Meditation, Clay Play

Kids ages 6-12 and their adults are invited to slow down and connect through guided meditation and a playful clay activity inspired by your imagination.
Sat Mar 7 | 2-3pm | ALTON

R Grade 4 to 6 Book Club

If you love to read, this club's for you! Books provided.
Tue Mar 10 | 6:30-7:30pm | BRANT HILLS

R Grade 7 & 8 Book Club

Share your thoughts with other readers. Books provided.
Thu Mar 19 | 6:30-7:30pm | ALTON & CENTRAL

MARCH BREAK

R Paint by Sticker for Kids

It's a fun spin on paint-by-numbers. Ages 9-13.
Mon Mar 16 | 2-3pm | CENTRAL
Tue Mar 17 | 2-3pm | NEW APPLEBY
Thu Mar 19 | 10:30-11:30am | ALDERSHOT
Fri Mar 20 | 2-3pm | BRANT HILLS
Sat Mar 21 | 2-3pm | TANSLEY WOODS

Tech Petting Zoo

All ages fun!
Mon Mar 16 | 2-3pm | TANSLEY WOODS
Thu Mar 19 | 2-3pm | BRANT HILLS
Fri Mar 20 | 2-3pm | ALTON

Stay-Cation Party

A lively party for the whole family.
Tue Mar 17 | 2-3pm | BRANT HILLS
Wed Mar 18 | 2-3pm | CENTRAL
Fri Mar 20 | 2-3pm | TANSLEY WOODS

R Stretch, Breathe & Create!

Learn different animal and nature yoga poses.
Wed Mar 18 | 2-3pm | ALTON
Fri Mar 20 | 2-3pm | NEW APPLEBY

R Magic Mel's Amazing Magic Show

Laugh and be amazed!
Sat Mar 21 | 2-3pm | CENTRAL

R Grade 1 to 3 Book Club

We talk about a different book each month. Books provided.
Tue Mar 24 | 6:30-7:15pm | NEW APPLEBY

R Cursive Writing Workshop

Learn the art of beautiful longhand writing. Ages 9-12.
Wed Mar 25 | 6:30-7:30pm | ALDERSHOT

R Teen Toastmasters

Learn the crafts of public speaking and leadership
Wed Mar 25-May 13 | 7-8pm | CENTRAL



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MARCH 2026
KIDS & TEENS



BURLINGTON
Public Library

Weekly Drop-in Programs for Babies & Preschoolers

Mondays

Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL
Baby Rhyme Time Stay & Play 10:30am-12pm ALDERSHOT
Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am BRANT HILLS
Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm ALTON
PJ Storytime 6:30-7pm ALDERSHOT
PJ Storytime 6:30-7pm NEW APPLEBY

Tuesdays

Baby Rhyme Time Stay & Play 10:30am-12pm ALTON
Tales for Toddlers 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am ALDERSHOT
Mini Movement 10:30-11:30am TANSLEY WOODS
Mini Movement 11am-12pm ALDERSHOT
Mother Goose 11:30am-12:30pm BRANT HILLS
PJ Storytime 6:30-7pm ALTON

Wednesdays

Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Music & Rhythm Storytime 10:30-11am ALDERSHOT
Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am NEW APPLEBY
PJ Storytime 6:30-7pm BRANT HILLS
PJ Storytime 6:30-7pm TANSLEY WOODS

Thursdays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS
Baby Rhyme Time Stay & Play 10:30am-12pm TANSLEY WOODS
Family Storytime 10:30-11am CENTRAL
Mini Playdate 10:30-11:30am ALTON
Music & Rhythm Storytime 10:30-11am NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY

Fridays

Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am ALDERSHOT
Tales for Toddlers 10:30-11am BRANT HILLS
Tales for Toddlers 10:30-11am NEW APPLEBY
Mini Movement 11am-12pm ALDERSHOT

Saturdays

Family Storytime 10:30-11am ALTON, BRANT HILLS, CENTRAL, NEW APPLEBY & TANSLEY WOODS

Find program descriptions and resources for parents & caregivers at bpl.on.ca/parents

Stuffies Night at the Library | 6:30-7pm

A sleepover adventure for your stuffed animal!

Mon Mar 16 | ALDERSHOT & NEW APPLEBY

Tue Mar 17 | ALTON & CENTRAL

Wed Mar 18 | BRANT HILLS & TANSLEY WOODS

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

Program calendar
and registration

