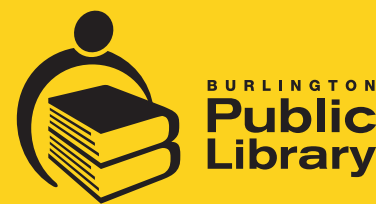


# GUIDE

JULY 2026  
ADULTS



## Arts & Literature

### Afternoon at the Movies

Tuesdays | 1:30-3:30pm | CENTRAL

Jul 7 - Uncharted | Jul 14 - Swing Kids | Jul 21 - Mamma Mia! | Jul 28 - Life Itself

### **R** An Evening of Flute Music & Meditation

Relax and unwind with the sound of the Bansuri.

Thu Jul 9 | 7-8pm | ALTON

### **R** White is Not the Colour of Surrender

Author Jennifer Krausewitz explores the origins, work, and controversies surrounding the Syrian White Helmets in her first non-fiction book.

Mon Jul 13 | 7-8pm | CENTRAL

### **R** BPL Book Club

Check out what we're reading at [bpl.on.ca/bookclub](http://bpl.on.ca/bookclub)

Wed Jul 15 | 11am-12pm | CENTRAL

Thu Jul 16 | 7-8pm | TANSLEY WOODS

Tue Jul 21 | 2-3pm | ALDERSHOT

Tue Jul 28 | 2-3pm | BRANT HILLS

Tue Jul 28 | 2-3pm | NEW APPLEBY

Thu Jul 30 | 7-8pm | ALTON

### **R** Music, Love & Family Legacy

Christine Fischer Guy discusses her sweeping coming-of-age novel *The Instrument Must Not Matter*.

Mon Jul 20 | 7-8pm | CENTRAL

### BPL Reading Challenge Meet-up

Connect with other readers and chat about books. Our challenge for July is to read a book with a number in the title. Learn more at [bpl.on.ca/RC](http://bpl.on.ca/RC)

Wed Jul 22 | 7-8pm | ALTON

## Lifestyle & Education

### Just Breathe Drop-in

Let go of stress and breathe.

Thursdays | 10-11:30am | CENTRAL

### Knit 'n' Natter

Bring your own supplies and knit, crochet, or craft in this creative social group for all ages and skill levels. Drop in.

Fridays | 1:30-3:30pm | NEW APPLEBY

Saturdays | 10am-12pm | ALDERSHOT

Tuesdays | 6:30-8:30pm | ALTON

Wednesdays | 1:30-3:30pm | ALDERSHOT & BRANT HILLS

Wednesdays | 6:30-8:30pm | CENTRAL

### **R** Chair Yoga

Build strength and flexibility. No mat is required. 18+

Tue Jul 7 & 21 | 2-3pm | NEW APPLEBY

### **R** Sit to be Fit

Exercise your way to better health and fitness.

Mondays | 11:15am-12pm | CENTRAL & TANSLEY WOODS

### **R** Just Walk

Get out, get active, and enjoy a healthy walk.

Wed Jul 8 | 10:30-11:30am | NEW APPLEBY

Wed Jul 22 | 10:30-11:30am | CENTRAL

### **R** Intro to eResources

Get started using the library's free digital resources.

Wed Jul 8 | 2-3:30pm | ALDERSHOT

### **R** Palliative Care & Planning Ahead

Learn about palliative care and advanced care planning in this informative and compassionate session.

Thu Jul 9 | 2-3pm | CENTRAL

### Tech Cafe

A relaxed, drop-in space where older adults can get one-on-one help. Bring your questions and your device!

Sun Jul 12 | 10am-12pm | CENTRAL

### **R** Paint by Sticker

It's a fun spin on paint-by-numbers... sticker-by-numbers!

Mon Jul 13 | 7-8pm | TANSLEY WOODS

**R** = Registration required

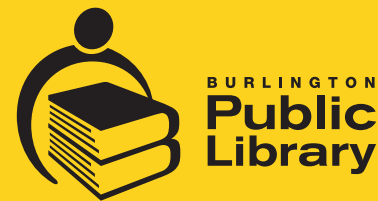
Accurate as of Jun 11 | Registration opens Wed Jun 17 at 12pm

Contact us: 905-639-3611

Program registration & updates: [www.bpl.on.ca/events](http://www.bpl.on.ca/events)

# GUIDE

## JULY 2026 ADULTS



> Lifestyle & Education continued

### **R** Sewing Machine Basics

An introductory class for absolute beginners! Learn the basics before jumping into your first project.

Mon Jul 13 | 7-8pm | CENTRAL

### **R** Fraud Protection

Get sound and timely advice from our guest financial expert on how to protect yourself.

Tue Jul 14 | 2-3pm | ALDERSHOT

### **R** Think Like a Maker

A 2-part introductory class held over two weeks.

Wed Jul 15 & 22 | 6:30-8pm | CENTRAL

### **R** Tick Talk

For awareness, prevention, and early response.

Tue Jul 14 | 7-8pm | NEW APPLEBY

### **R** The 4 Pillars of Brain Health

Explores simple ways to help maintain a healthy brain.

Fri Jul 17 | 2-3pm | CENTRAL

### **R** Intro to eBooks

Download free eBooks and eAudiobooks.

Sat Jul 18 | 2:30-4pm | CENTRAL

### **R** Emergency Preparedness Workshop

How to prepare and protect yourself and your household.

Mon Jul 20 | 6:30-8pm | TANSLEY WOODS

### **R** Embroidery Machine 101

Design and stitch monograms or custom images.

Mon Jul 20 | 7-8:30pm | CENTRAL

### H.O.B. Maker Meetup

Mingle and share ideas with other makers.

Tue Jul 21 | 7-8:30pm | CENTRAL

### **R** Navigating Perimenopause with Confidence

An informative and supportive session on women's health and perimenopause with Burlington Family Health Team.

Wed Jul 22 | 7-8pm | CENTRAL

### **R** Embroidery Design

Get started using the library's embroidery software.

Mon Jul 27 | 7-8:30pm | CENTRAL

### **R** Travel Smart with Your Smart Phone

A Tech talk with Chris Bint.

Mon Jun 29 | 2-3pm | VIRTUAL

### **R** 3D Design with Tinkercad

Learn the basics of designing 3D models using Tinkercad.

Wed Jul 29 | 6:30-8pm | CENTRAL

**FREE**...with your library card!

**hoopla**

Stream or download movies, television series, full music albums, eBooks, audiobooks, comics, and more.

Get started at

[bpl.on.ca/resources](http://bpl.on.ca/resources)



**Drop-in Support Services:** Get personal help from local organizations providing legal services, resume review, newcomer support, and more. Details at [bpl.on.ca/support](http://bpl.on.ca/support)

## OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY  
Mon - Thu | 9am - 9pm  
Fri & Sat | 9am - 5pm  
Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS  
Mon - Thu | 9am - 9pm  
Fri - Sun | 9am - 5pm

KILBRIDE  
Tue & Thu | 5pm - 8pm  
Sat | 9am - 2pm

### Note:


Brant Hills Branch will be **closed** June 1-July 5.

Kilbride Branch will be **closed** Jun 28-Sep 7.

Program calendar and registration



**R** = Registration required

 = Live on Zoom

Accurate as of Jun 11 | Registration opens Wed Jun 17 at 12pm

Contact us: 905.639.3611

Program registration & updates: [www.bpl.on.ca/events](http://www.bpl.on.ca/events)

# GUIDE

JULY 2026  
KIDS & TEENS



BURLINGTON  
Public  
Library

## STEAM Time

Explore, experiment, and have fun! Ages 6-9.

Thursdays | 6:30-7:30pm | ALDERSHOT & NEW APPLEBY

Tuesdays | 6:30-7:30pm | TANSLEY WOODS

## **R** Gratitude, Meditation, Clay & Play

Slow down and connect. Ages 6-12.

Sat Jul 4 | 2-3pm | ALTON

## Summer Creation Station

A fun-filled adventure with books and creativity!

Saturdays | 2-3pm | NEW APPLEBY

Mondays | 2-3pm | ALDERSHOT & BRANT HILLS

Tuesdays | 2-3pm | TANSLEY WOODS

Wednesdays | 2-3pm | ALTON & CENTRAL

## Family STEAM Time

Design, invent, create, and re-imagine together. All ages.

Sundays | 10:30-11:30am | TANSLEY WOODS

Sundays | 2-4pm | ALDERSHOT

Sundays starting Jul 12 | 2-4pm | BRANT HILLS

## Ready, Set, School

For little ones starting Kindergarten in September.

Mon Jul 6-Aug 10 | 10:30-11:15am | ALTON

Thu Jul 9-Aug 14 | 2-2:45pm | ALDERSHOT & TANSLEY WOODS

## **R** Nintendo Switch Hangout

Show off your skills and cheer on your friends. Ages 8+

Mon Jul 6-27 | 6:30-7:30pm | ALTON

Thu Jul 9-30 | 2-3pm | BRANT HILLS

## **R** Find Your Vision

How do you envision your best life? Ages 9-13.

Tue Jul 7 | 2-3pm | BRANT HILLS

Thu Jul 16 | 10:30-11:30am | ALDERSHOT

## **R** Family Coding Foundations

Learn coding through games and puzzles. Ages 6-9.

Tue Jul 7-28 | 6:30-7:30pm | CENTRAL

## Summer Reading Club

It's FREE and open to kids ages 0 to 17. It's easy:

1. Sign up for free online or at any BPL branch
2. Pick up a tracker and set a reading goal.
3. Starting June 29, check in every week and pick up your reading reward.

Learn more at [bpl.on.ca/SRC](http://bpl.on.ca/SRC)



**R** = Registration required

Accurate as of Jun 11 | Registration opens Wed Jun 17 at 12pm

## Programs for Teens

### **R** Teen Minute to Win it Showdown

Compete in a series of 60-second challenges.

Tue Jul 7 | 2-3pm | CENTRAL

### Queer Peers with pflag Halton

A welcoming gathering for 2SLGBTQIA+ teens.

Tue Jul 7 | 6:30-8pm | BRANT HILLS

### **R** Teen Trivia

Bring your friends and your own device for Kahoot trivia.

Wed Jul 8 | 6:30-7:30pm | NEW APPLEBY Books + Pop Culture

Thu Jul 23 | 6:30-7:30pm | TANSLEY WOODS Manga/Anime

### **R** Heart-Centred Meditation & Art for Teens

Slow down, recharge, create.

Sat Jul 18 | 2-3pm | ALTON

Thu Jul 23 | 6:30-7:30pm | CENTRAL

### **R** Nintendo Switch Tournament

Battle your friends to be the Mario Kart Champion! Ages 13+

Sat Jul 18 | 2-3pm | BRANT HILLS

### **R** Sewing Machine Basics

Curious about how to operate a sewing machine? Ages 13-18.

Tue Jul 28 | 2-3pm | ALTON

### **R** Teen Movie Night: Reminders of Him

Enjoy fresh popcorn, snacks, and a great movie!

Wed Jul 29 | 6-8:30pm CENTRAL

## Tech Petting Zoo

Try out Little Bits, Cubelets and more. All ages are welcome.

Wed Jul 8-29 | 6:30-7:30pm | ALDERSHOT

Tue Jul 14 | 2-3pm | BRANT HILLS

Wed Jul 29 | 2-3pm | NEW APPLEBY

### **R** Paint by Sticker for Kids

Sticker your art to life! Ages 9-13.

Thu Jul 9 | 2-3pm | ALTON

### **R** Dinosaur Detectives

Explore the prehistoric world with Club Rex. All ages.

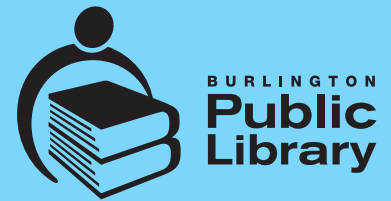
Fri Jul 10 | 2-3pm | BRANT HILLS

Contact us: 905.639.3611

Program registration & updates: [www.bpl.on.ca/events](http://www.bpl.on.ca/events)

# GUIDE

## JULY 2026 KIDS & TEENS



> Kids continued

### **R** **Stuffies Night at the Library**

A sleepover adventure for your stuffed animal!

Mon Jul 13 | 6:30-7pm | ALDRESHOT  
Wed Jul 15 | 6:30-7pm | BRANT HILLS  
Thu Jul 23 | 6:30-7pm | ALTON

### **R** **Iris Folding Card Workshop**

Thu Jul 16 | 6:30-7:30pm | ALTON

### **Summer Book Buzz**

Chat about your favourite summer reads! Ages 9-12.

Fri Jul 17 | 2-3pm | TANSLEY WOODS

### **R** **Stretch, Breathe & Create!**

A yoga and craft adventure for kids ages 5-12.

Wed Jul 22 | 2-3pm | NEW APPLEBY  
Fri Jul 31 | 2-3pm | TANSLEY WOODS

### **R** **Birds of Prey with Wild Ontario**

Get up close with live birds of prey! Ages 5-12.

Fri Jul 24 | 2-3pm | CENTRAL

## OPEN HOURS

ALDRESHOT, ALTON, BRANT  
HILLS & NEW APPLEBY  
Mon - Thu | 9am - 9pm  
Fri & Sat | 9am - 5pm  
Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS  
Mon - Thu | 9am - 9pm  
Fri - Sun | 9am - 5pm

KILBRIDE  
Tue & Thu | 5pm - 8pm  
Sat | 9am - 2pm

### Note:

Brant Hills Branch  
will be **closed**  
June 1-July 5.

Kilbride Branch  
will be **closed** Jun  
28-Sep 7.

Program calendar  
and registration



## Weekly Drop-in Programs for Babies & Preschoolers

### **Mondays**

Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL  
Baby Rhyme Time Stay & Play 10:30am-12pm ALDRESHOT  
Music & Rhythm Storytime 10:30-11am BRANT HILLS  
Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY  
Mother Goose & Baby Play and Chat 2-4pm ALTON  
PJ Storytime 6:30-7pm ALDRESHOT  
PJ Storytime 6:30-7pm NEW APPLEBY

### **Tuesdays**

Baby Rhyme Time Stay & Play 10:30am-12pm ALTON  
Tales for Toddlers 10:30-11am NEW APPLEBY  
Family Storytime 10:30-11am ALDRESHOT  
Mini Tinker Time 10:30-11:30am TANSLEY WOODS  
Mini Tinker Time 11am-12pm ALDRESHOT  
Mother Goose 11:30am-12:30pm BRANT HILLS

### **Wednesdays** \*all branches closed July 1

Family Storytime 10-11am BRANT HILLS  
Family Storytime 10:30-11am ALTON  
Music & Rhythm Storytime 10:30-11am ALDRESHOT  
Music & Rhythm Storytime 10:30-11am TANSLEY WOODS  
Tales for Toddlers 10:30-11am CENTRAL  
Tales for Toddlers 10:30-11am NEW APPLEBY  
PJ Storytime 6:30-7pm BRANT HILLS  
PJ Storytime 6:30-7pm TANSLEY WOODS

### **Thursdays**

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS (\*except Jul 2)  
Baby Rhyme Time Stay & Play 10:30am-12pm TANSLEY WOODS  
Family Storytime 10:30-11am CENTRAL  
Mini Tinker Time 10:30-11:30am ALTON  
Music & Rhythm Storytime 10:30-11am NEW APPLEBY  
Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY

### **Fridays**

Family Storytime 10:30-11am CENTRAL  
Family Storytime 10:30-11am TANSLEY WOODS  
Mini Playdate 10:30-11:30am ALTON  
Tales for Toddlers 10:30-11am ALDRESHOT  
Tales for Toddlers 10:30-11am BRANT HILLS (\*except Jul 3)  
Tales for Toddlers 10:30-11am NEW APPLEBY  
Mini Movement 11am-12pm ALDRESHOT

### **Saturdays**

Family Storytime 10:30-11am ALTON, BRANT HILLS (\*except Jul 4),  
CENTRAL, NEW APPLEBY & TANSLEY WOODS  
Family Storytime 2-2:30pm ALDRESHOT  
Mini Tinker Time 2:30-3:30pm ALDRESHOT

Find program descriptions and resources for parents &  
caregivers at [bpl.on.ca/parents](http://bpl.on.ca/parents)

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