# GUIDE

# JAN 2026 ADULTS



# **Arts & Literature**

#### Afternoon at the Movies

Bring a friend or come solo for a movie on the big screen! Tuesdays | 1:30-3:30pm | CENTRAL Jan 6 - The Call of the Wild | Jan 13 - Still Alice Jan 20 - Selma | Jan 27 - The Great Gatsby

## R BPL Book Club

Check out what we're reading at **bpl.on.ca/bookclub**Tue Jan 20 | 2-3pm | ALDERSHOT
Wed Jan 21 | 11am-12pm | CENTRAL
Thu Jan 22 | 7-8pm | TANSLEY WOODS
Tue Jan 27 | 2-3pm | BRANT HILLS & NEW APPLEBY
Thu Jan 29 | 7-8pm | ALTON

#### R Train Journeys with Pamela Mulloy

Off the Tracks weaves together Mulloy's own cross-continental journeys with vivid historical vignettes of famous travelers like Charles Dickens and Sarah Bernhardt.

Sun Jan 25 | 2-3pm | CENTRAL

# R Inner Peace with Flute Music & Meditation

Relax and unwind with the soothing sounds of the Bansuri. Thu Jan 29 | 7-8pm | ALDERSHOT

#### **BPL Reading Challenge Meet-up**

Explore the read less travelled! Chat about books with other readers.

Learn more at **bpl.on.ca/RC**Thu Jan 29 | 7-8pm | TANSLEY WOODS

Lifestyle & Education

#### Knit 'n' Natter

A creative social group for all skill levels.
Fridays | 1:30-3:30pm | NEW APPLEBY
Saturdays | 10am-12pm | ALDERSHOT
Tuesdays | 6:30-8:30pm | ALTON
Wednesdays | 1:30-3:30pm | ALDERSHOT & BRANT HILLS
Wednesdays | 6:30-8:30pm | CENTRAL

#### R Sit to be Fit

Increase your strength, balance, & flexibility.

Mondays, Jan 5-26 | 11:15am-12pm | TANSLEY WOODS

# R Chair Yoga

Build strength and flexibility through a gentle session of chair yoga. No mat is required. Ages 18+ Mon Jan 5 & 19 | 2-3pm | ALDERSHOT Wed Jan 14 & 28 | 2-3pm | NEW APPLEBY

### R Just Walk

Get out, get active, and enjoy a healthy walk! We encourage all levels of walking ability to participate. Wed Jan 7 | 10:30-11:30am | CENTRAL Wed Jan 21 | 10:30-11:30am | TANSLEY WOODS

## R Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship. Wed Jan 7 | 5:30-7:30pm | NEW APPLEBY

#### **Just Breathe Drop-in**

Let go of stress for a calming hour and practice presentmoment awareness communally with others. Thursdays starting Jan 8 | 10:30am-12pm | CENTRAL

Maker Programs - All at CENTRAL unless noted Sewing Machine Basics - Fri Jan 9 | 2-3pm - ALTON Intro to Laser Cutting - Sat Jan 17 | 10:30am-12pm Embroidery Machine 101 - Mon Jan 19 | 7-8:30pm Think Like a Maker - Wed Jan 21 & 28 | 6:30-8:30pm Embroidery Design - Mon Jan 26 | 7-8:30pm

# R Basic Computer Skills

Designed for new users and those in need of a refresher. Mon Jan 12 | 10:30am-12pm | CENTRAL

#### **Newcomer Conversation Circle**

Build speaking confidence and improve your English skills. Mondays starting Jan 12 | 6:30-7:30pm | ALTON Thursdays starting Jan 15 | 2-3pm | ALTON



Contact us: 905-639-3611

# GUIDE JAN 2026 ADULTS



> Lifestyle & Education continued

## R Intro to eBooks

Download free eBooks and eAudiobooks. Mon Jan 12 | 7-8pm | TANSLEY WOODS Thu Jan 29 | 10:30-12pm | ALDERSHOT

## R iPad Boot Camp

How to get the most from your Apple device. Tue Jan 13 & 20 | 10:30am-12pm | CENTRAL

#### **Help for Newcomers**

Do you have questions about government services, citizenship, or permanent resident status, or need translation help? Drop in to meet with a settlement worker. Wed Jan 14 | 10am-1pm | ALTON

# R Better Living for Your Brain

Explore aging and the brain with Burlington Family Health Team and Caroline Family Health Team.

Wed Jan 14-Feb 18 | 2-3pm | ALDERSHOT

## R Winter Wellness

Useful tips and resources on how to stay safe during the winter season from Burlington Family Health Team.
Thu Jan 15 | 2-3pm | ALDERSHOT

#### H.O.B. Maker Meetup

Mingle and share ideas with others! All levels welcome. Tue Jan 20 | 7-8:30pm | CENTRAL

# R Ten Healthy Habits of Financial Management

Experts from the Chartered Professional Accountants of Canada share their top tools and resources.

Wed Jan 21 | 7-8pm | VIRTUAL

#### R Intro to eResources

Learn how to use the free eResources available at BPL. Thu Jan 22 | 2-3pm | ALDERSHOT

# R Brain Boosters & Dementia Myths

Get practical strategies to support brain health. Fri Jan 23 | 2-3pm | CENTRAL

# R A Beginner's Guide to Staying Safe on Social Media

We'll show you how to use social media safely. Mon Jan 26 | 2-3pm | VIRTUAL

# R Palliative Care & Planning Ahead

Discover how palliative care can support people living with serious illness, and learn about advance care planning.

Mon Jan 26 | 2-3pm | ALDERSHOT

# **R** Vital Community Conversations

Join leaders in the housing sector, volunteers, residents, and donors to discuss ways we can take action to create change and inform decision-making around housing.

Tue Jan 27 | 6:30-8:30pm | CENTRAL

# FREE...with your library card!

Get unlimited access to thousands of local and international newspapers and magazines on your phone, tablet, or computer with **PressReader**.



bpl.on.ca/resources/magazines-newspapers

# OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY Mon - Thu | 9am - 9pm Fri & Sat | 9am - 5pm Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm Sat | 9am - 2pm Program calendar and registration



R = Registration required

= Live on Zoom

Contact us: 905.639.3611 Program registration & updates: www.bpl.on.ca/events

# GUIDE JAN 2026 KIDS & TEENS



#### **Board Game Drop-in**

Hang out and play a range of games. Drop in anytime to play. Sat Jan 3-31 | 2-4pm | ALDERSHOT Tue Jan 6-27 | 6:30-7:30pm | ALDERSHOT

#### **Family STEAM Time**

Design, invent, and create, together as a family. All ages. Sundays | 10:30-11:30am | TANSLEY WOODS Sundays starting Jan 4 | 2-4pm | BRANT HILLS Tuesdays | 6:30-7:30pm | NEW APPLEBY

#### **STEAM Time**

Hands-on fun and exciting activities. Ages 6 to 9. Mondays | 6:30-7:30pm | BRANT HILLS Tuesdays | 6:30-7:30pm | CENTRAL Thursdays | 6:30-7:30pm | ALDERSHOT Thursdays | 6:30-7:30pm | NEW APPLEBY

# R Nintendo Switch Hangout

Show off your skills and cheer on your friends! Mon Jan 5-26 | 6:30-7:30pm | ALTON Wed Jan 7 | 6:30-7:30pm | ALDERSHOT

#### R Find Your Vision

Create your own collage of images and ideas. Ages 9-13. Tue Jan 6 | 6:30-7:30pm | TANSLEY WOODS Wed Jan 21 | 6:30-7:30pm | ALDERSHOT

#### **Paws for Stories**

Build confidence and a love of literacy by reading to a therapy dog! Ages 6-12. Please arrive early. Saturdays starting Jan 10 | 2-3pm | BRANT HILLS

#### R Grade 4 to 6 Book Club

If you love to read, this club's for you! Books provided. Wed Jan 14 | 6:30-7:30pm | ALDERSHOT

#### R Grade 7 & 8 Book Club

Share your thoughts with other readers. Books provided. Thu Jan 15 | 6:30-7:30pm | ALTON Thu Jan 15 | 6:30-7:30pm | CENTRAL

# R Gratitude, Meditation, Clay & Play

Slow down and connect through creativity. Ages 6-12. Thu Jan 15 | 6:30-7:30pm | BRANT HILLS

# R Cursive Writing Workshop

Learn the art of beautiful longhand writing. Ages 9-12. Wed Jan 28 | 6:30-7:30pm | NEW APPLEBY

# R Paint by Sticker

It's a fun spin on paint-by-numbers. Ages 9-13. Tue Jan 20 | 6:30-7:30pm | TANSLEY WOODS

#### **Exam Cram Bark Break**

Take a short mental health break with a visiting furry friend. Tue Jan 20 | 6:30-7:30pm | TANSLEY WOODS Wed Jan 21 | 6:30-7:30pm | ALTON Thu Jan 22 | 6:30-7:30pm | CENTRAL

#### **Tech Petting Zoo**

Try our Snap Circuits, Little Bits, Cubelets and more. All ages. Thu Jan 22 & 29 | 6:30-7:30pm | BRANT HILLS Sat Jan 24 | 2-3pm | CENTRAL

#### R One Can with Author Lana Button

Lana reads stories, leads fun mealtime songs, and guides a warm conversation about empathy, food scarcity, giving and receiving, and all the foods your family loves best. Ages 4-8. Sun Jan 25 | 2-2:45pm | NEW APPLEBY

# R PA Day Fun! Be You Song and Dance

Shine bright and move to the music. Ages 6-12. Mon Jan 26 | 1-2pm | TANSLEY WOODS

# R PA Day Fun! Musical Theatre Dance Party

Step into the spotlight! Ages 6-12. Mon Jan 26 | 2:30-3:30pm | CENTRAL

#### R Nintendo Switch Tournament

Battle your friends to be the Mario Kart Champion. Mon Jan 26 | 6:30-7:30pm | TANSLEY WOODS

# R Mastering Al for Teens

Communicate with AI tools using prompt engineering. Wed Jan 28 | 6:30-8:30pm | VIRTUAL

#### R Haiku For You

Local author Jennifer Maruno shares her latest book as inspiration for families to work together to write a poem. Thu Jan 29 | 6:30-8pm | CENTRAL

R = Registration required

= Live on Zoom

Program registration & updates: www.bpl.on.ca/events

Contact us: 905.639.3611

# GUIDE JAN 2026 KIDS & TEENS



# **Weekly Drop-in Programs for Babies & Preschoolers**

#### **Mondays**

Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL
Baby Rhyme Time Stay & Play 10:30am-12pm ALDERSHOT
Family Storytime 10:30-11am TANSLEY WOODS
Mini Movement 10:30-11:30am NEW APPLEBY
Music & Rhythm Storytime 10:30-11am BRANT HILLS
Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm ALTON
PJ Storytime 6:30-7pm ALDERSHOT

#### **Tuesdays**

Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am ALDERSHOT
Mini Tinker Time 10:30-11:30am TANSLEY WOODS
Baby Rhyme Time Stay & Play 10:30am-12pm ALTON
Mini Playdate 11am-12pm ALDERSHOT
Mother Goose 11:30am-12:30pm BRANT HILLS
PJ Storytime 6:30-7pm ALTON

#### Wednesdays

Family Storytime 10:30-11am BRANT HILLS
Music & Rhythm Storytime 10:30-11am ALDERSHOT
Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am NEW APPLEBY
PJ Storytime 6:30-7pm BRANT HILLS
PJ Storytime 6:30-7pm TANSLEY WOODS

Thursdays \*all branches closed Jan 1

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS Baby Rhyme Time Stay & Play 10:30am-12pm TANSLEY WOODS Family Storytime 10:30-11am CENTRAL Mini Tinker Time 10:30-11:30am ALTON Music & Rhythm Storytime 10:30-11am NEW APPLEBY Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY

#### **Fridays**

Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am ALDERSHOT
Tales for Toddlers 10:30-11am BRANT HILLS
Tales for Toddlers 10:30-11am NEW APPLEBY
Mini Playdate 11am-12pm ALDERSHOT

#### **Saturdays**

Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Family Storytime 10:30-11am CENTRAL
Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am TANSLEY WOODS

Find program descriptions and resources for parents & caregivers at **bpl.on.ca/parents** 

# OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY Mon - Thu | 9am - 9pm Fri & Sat | 9am - 5pm Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

**KILBRIDE** 

Tue & Thu | 5pm - 8pm Sat | 9am - 2pm Program calendar and registration



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