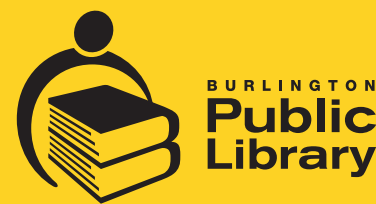


GUIDE

MAY 2026
ADULTS



Arts & Literature

Afternoon at the Movies

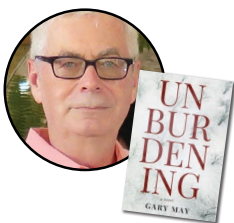
Tuesdays | 1:30-3:30pm | CENTRAL
May 5 - Yesterday | May 12 - Asteroid City | May 19 - A League of Their Own | May 26 - The Joy Luck Club

R Paint by Sticker

It's a fun, social spin on paint-by-numbers!
Tue May 12 | 2-3pm | ALDERSHOT

R Land and Family

Known for his acclaimed biographies and award-winning books on the history of the oil industry, *Unburdening* is Gary May's first venture into fiction.
Thu May 14 | 7-8pm | CENTRAL



R An Afternoon of Flute Music & Meditation

Relax and unwind with the soothing sounds of the Bansuri.
Sat May 16 | 2-3pm | ALTON

R BPL Book Club

Check out what we're reading at bpl.on.ca/bookclub
Tue May 19 | 2-3pm | ALDERSHOT
Wed May 20 | 11am-12pm | CENTRAL
Thu May 21 | 7-8pm | TANSLEY WOODS
Tue May 26 | 2-3pm | BRANT HILLS & NEW APPLEBY
Thu May 28 | 7-8pm | ALTON

R As The Earth Dreams

A conversation with editor Terese Mason Pierre about her innovative collection of Black Canadian speculative short stories.
Thu May 21 | 7-8pm | CENTRAL



R Music in the Streaming Age

Musician Rollie Pemberton (Cadence Weapon) discusses his new book, *Ways of Listening*.
Mon May 25 | 7-8pm | CENTRAL



BPL Reading Challenge Meet-up

Our May challenge is to read a **book extraordinary or magic elements!** Learn more at bpl.on.ca/RC
Wed May 27 | 7-8pm | NEW APPLEBY

Lifestyle & Education

R Meditation for Well-Being

Take time to pause and recharge.
Saturdays, May 2-30 | 10:30-11:30am | CENTRAL

R Computer Classes - All at CENTRAL

Basic Computer Skills - Mon May 4 | 10:30am-12pm
Tech Connect - Thursdays | 2-4pm
Cloud Storage Made Easy - Fri May 15 | 2-4pm

R Sit to be Fit

Exercise your way to better health and fitness.
Mon May 4, 11 & 25 | 11:15am-12pm | TANSLEY WOODS

Newcomer Conversation Circle

Build confidence and improve your English skills.
Mon May 4, 11 & 25 | 6:30-7:30pm | ALTON
Thursdays | 2-3pm | ALTON

R Maker Programs - All at CENTRAL unless indicated

Sewing Machine Basics - Mon May 4 | 7-8pm
Intro to Cricut - Fri May 8 | 2:30-3:15pm | **ALTON**
Embroidery Machine 101 - Mon May 11 | 7-8:30pm
Think Like a Maker - Wed May 20 & 27 | 6:30-8pm
Intro to Laser Cutting - Sat May 23 | 10:30am-12pm
Embroidery Design - Mon May 25 | 7-8:30pm
Sewing Machine Basics - Fri May 29 | 2:30-3:30pm | **ALTON**

R Chair Yoga

Build strength and flexibility. No mat is required. 18+
Tue May 5 & 19 | 2-3pm | NEW APPLEBY
Mon May 11 & 25 | 2-3pm | ALDERSHOT
Sat May 23 | 2-3pm | ALTON

**WRITE
HERE.**

**WRITE
NOW.**

Do you have a story to tell?

Our annual writing contest is open to everyone ages 9 and up. Submissions are accepted from May 1 to May 31.

Check our website for details: bpl.on.ca/writenow

R = Registration required

Accurate as of April 13 | Registration opens Wed April 15 at 12pm

Contact us: 905-639-3611
Program registration & updates: www.bpl.on.ca/events

GUIDE

MAY 2026 ADULTS



BURLINGTON
**Public
Library**

> Lifestyle & Education continued

R Just Walk

Get out, get active, and enjoy a healthy walk.

Wed May 6 | 10:30-11:30am | CENTRAL

Wed May 20 | 10:30-11:30am | TANSLEY WOODS

Wed May 27 | 10:30-11:30am | NEW APPLEBY

R Craving Change

A 6-week workshop about changing eating behaviours.

Wed May 6-Jun 10 | 2-3:15pm | NEW APPLEBY

R Intro to eBooks

Download free eBooks and eAudiobooks.

Wed May 6 | 2-3:30pm | ALTON

Thu May 28 | 10:30-12pm | ALDERSHOT

R Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship.

Wed May 6 | 5:30-7:30pm | NEW APPLEBY

Just Breathe Drop-in

Let go of stress and breathe.

Thursdays | 10-11:30am | CENTRAL

R Tablet Boot Camp

Thu May 7 & 14 | 10:30-12pm | ALDERSHOT - *iPad*

Tue May 19 & 26 | 2-3pm | TANSLEY WOODS - *iPad*

Thu May 28 & Jun 4 | 2-3:30pm | BRANT HILLS - *Android*

R The 4 Pillars of Brain Health

Explore simple ways to help maintain a healthy brain.

Fri May 8 | 2-3pm | ALDERSHOT

Tech Cafe

A relaxed, drop-in space where older adults can get help with everyday tech questions. Bring your device!

Sun May 10 | 10am-12pm | CENTRAL

R Intro to eResources

Learn how to use the free eResources available at BPL.

Tue May 12 | 2-3pm | NEW APPLEBY

R Advanced Care Planning Workshop

An interactive session with Carpenter Hospice.

Tue May 12 | 2-3pm | BRANT HILLS

R Writing Workshops with Erin Pepler - All at CENTRAL

Tue May 12 | 7-8:30pm - Foundations of Nonfiction Writing

Tue May 19 | 7-8:30pm - Memoirs & Life Stories

Tue May 26 | 7-8:30pm - Op-eds & Personal Essays

Gathering Voices Community Circle

Share stories and learn through Indigenous teachings.

Wed May 13 | 6:30-8pm | NEW APPLEBY

R Understanding Grief

Open to anyone interested in learning more about grief.

Thu May 21 | 2-3pm | TANSLEY WOODS

R Managing Finances in Retirement

Learn how to stretch your retirement resources.

Thu May 21 | 2-3pm | ALDERSHOT

R The User's Guide to AI Basics

A Tech talk with Chris Bint.

Mon May 25 | 2-3pm | VIRTUAL

 **ancestry** library edition

Explore your family history! Access photos, maps, census information, immigration records, and more. **Ancestry Library Edition** is available at all Burlington Public Library branches, either on our public computers or through any device connected to our Wi-Fi.



Learn more at bpl.on.ca/RESOURCES

Drop-in Support Services: Get personal help from local organizations providing legal services, resume review, newcomer support, and more. Details at bpl.on.ca/support

OPEN HOURS

ALDERSHOT, ALTON, BRANT
HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE


Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

Program calendar
and registration



R = Registration required

 = Live on Zoom

Accurate as of April 13 | Registration opens Wed April 15 at 12pm

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GUIDE

MAY 2026
KIDS & TEENS



BURLINGTON
Public
Library

Paws for Stories

Build confidence by reading aloud to a St. John Ambulance therapy dog! Geared to children ages 6-12.
Sat May 2 | 2-3pm | BRANT HILLS
Wednesdays | 6:30-7:30pm | ALTON

Family STEAM Time

Design, invent, create, and re-imagine together as a family. All ages welcome.
Saturdays | 2-4pm | ALDRESHOT
Sundays | 10:30-11:30am | TANSLEY WOODS
Sundays | 2-4pm | BRANT HILLS

STEAM Time

Explore, experiment, and have fun! Ages 6 to 9.
Mon May 4, 11 & 25 | 6:30-7:30pm | BRANT HILLS
Tuesdays | 6:30-7:30pm | CENTRAL
Tuesdays | 6:30-7:30pm | TANSLEY WOODS
Thursdays | 6:30-7:30pm | ALDRESHOT
Thursdays | 6:30-7:30pm | NEW APPLEBY

R Nintendo Switch Hangout

Show off your skills, cheer on your friends, and become the next champion. Ages 8+
Mon May 4, 11 & 25 | 6:30-7:30pm | ALTON

R I'm an Author

Create a picture book from start to finish. Ages 8 to 12.
Mon May 4-Jun 8 | 6:30-7:30pm | TANSLEY WOODS

Ready, Set, School

Gearing up for kindergarten in the fall? Join us as we explore and develop pre-literacy skills that will help children transition smoothly into school.
Tue May 5-Jun 9 | 10:30-11:15am | CENTRAL
Wed May 6-Jun 10 | 2-2:45pm | ALDRESHOT

Queer Peers with pflag Halton

A welcoming gathering for 2SLGBTQIA+ teens, facilitated by pflag Halton youth leads. Ages 12 to 18.
Tue May 5 | 6:30-8pm | BRANT HILLS

Kids & Me Neighbourhood Group

A parenting and early learning drop-in program for families with babies or children up to 6 years of age.
Thursdays | 9:30-10:30am | NEW APPLEBY

R Résumé Writing for Teens

Your résumé is your ticket to landing that first job or internship—but where do you even start?
Thu May 7 | 7-8pm | CENTRAL

R Storytelling Show with Rob Malo

An interactive storytelling adventure for the whole family!
Sat May 9 | 2-3pm | CENTRAL

Tech Petting Zoo

Try out Little Bits, Cubelets and more. All ages are welcome.
Sat May 9 | 2-3pm | NEW APPLEBY
Sat May 30 | 2-3pm | CENTRAL

R Cursive Writing Workshop

A hands-on workshop for ages 9 to 12.
Tue May 19 | 6:30-7:30pm | BRANT HILLS

R Grade 7 & 8 Book Club

Share your thoughts with other readers. Books provided.
Thu May 21 | 6:30-7:30pm | ALTON

R Gratitude, Meditation, Clay Play

Kids ages 6-12 and their adults are invited to slow down and connect through meditation and a clay activity.
Sat May 23 | 2-3pm | NEW APPLEBY

**WRITE
HERE.**

**WRITE
NOW.**

Do you have a story to tell?

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Check our website for details: bpl.on.ca/writenow

R = Registration required

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Weekly Drop-in Programs for Babies & Preschoolers

Mondays

Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL
Baby Rhyme Time Stay & Play 10:30am-12pm ALDERSHOT
Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am BRANT HILLS
Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm ALTON
PJ Storytime 6:30-7pm ALDERSHOT
PJ Storytime 6:30-7pm NEW APPLEBY

Tuesdays

Baby Rhyme Time Stay & Play 10:30am-12pm ALTON
Tales for Toddlers 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am ALDERSHOT
Mini Movement 10:30-11:30am TANSLEY WOODS
Mini Tinker Time 11am-12pm ALDERSHOT
Mother Goose 11:30am-12:30pm BRANT HILLS
PJ Storytime 6:30-7pm ALTON

Wednesdays

Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS **except May 27*
Music & Rhythm Storytime 10:30-11am ALDERSHOT
Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am NEW APPLEBY
PJ Storytime 6:30-7pm BRANT HILLS
PJ Storytime 6:30-7pm TANSLEY WOODS

Thursdays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS
Baby Rhyme Time Stay & Play 10:30am-12pm TANSLEY WOODS
Family Storytime 10:30-11am CENTRAL
Mini Movement 10:30-11:30am ALTON
Music & Rhythm Storytime 10:30-11am NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY

Fridays

Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am ALDERSHOT
Tales for Toddlers 10:30-11am BRANT HILLS
Tales for Toddlers 10:30-11am NEW APPLEBY
Mini Tinker Time 11am-12pm ALDERSHOT

Saturdays

Family Storytime 10:30-11am ALTON, BRANT HILLS, CENTRAL, NEW APPLEBY & TANSLEY WOODS

Find program descriptions and resources for parents & caregivers at bpl.on.ca/parents

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY
Mon - Thu | 9am - 9pm
Fri & Sat | 9am - 5pm
Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS
Mon - Thu | 9am - 9pm
Fri - Sun | 9am - 5pm

KILBRIDE
Tue & Thu | 5pm - 8pm
Sat | 9am - 2pm

Program calendar and registration

