GUIDE SEPT 2025 ADULTS



Arts & Literature

Afternoon at the Movies

Bring a friend or come solo! Tuesdays | 2-4pm | CENTRAL Sep 9 - The Lost City | Sep 16 - Ford v. Ferrari | Sep 23 - King Arthur: Legend of the Sword | Sep 30 - Indian Horse

R BPL Book Club

Check out what we're reading at bpl.on.ca/bookclub
Tue Sep 16 | 2-3pm | ALDERSHOT
Wed Sep 17 | 11am-12pm | CENTRAL
Thu Sep 18 | 7-8pm | TANSLEY WOODS
Tue Sep 23 | 2-3pm | BRANT HILLS
Thu Sep 25 | 7-8pm | ALTON

R The Story of Tosca

Sabatino Vacca examines the themes and music of one of opera's most gripping masterpieces.

Tue Sep 16 | 7-8:30pm | CENTRAL

R A Conversation with Linden MacIntyre

The Internationally acclaimed author discusses his latest book with Dana Hansen of Hamilton Review of Books. Mon Sep 22 | 7-8:30pm | CENTRAL

Tue Sep 30 | 2-3pm | NEW APPLEBY



BPL Reading Challenge Meet-up

Connect with other readers and chat about books. Our challenge for September is to read a **book written by an Indigenous author.** Learn more at **bpl.on.ca/RC** Wed Sep 24 | 7-8pm | CENTRAL

R Japanese Sword Appreciation

Learn about the beauty of Japanese sword fittings and other Samurai equipment.

Sat Sep 27 | 2-3:30pm | CENTRAL

R On Writing Science with Keriann McGoogan

Dr. McGoogan talks about her fascinating career as a primatologist and shares her writing process.

Sun Sep 28 | 2-3pm | CENTRAL



R An Evening of Flute Music & Meditation

Relax and unwind at a unique evening of music and meditation with the soothing sounds of the Bansuri.

Tue Sep 30 | 7-8pm | ALDERSHOT

R Understanding Orange Shirt Day

Indigenous educator Kate Dickson discusses Orange Shirt Day and the National Day for Truth and Reconciliation. Tue Sep 30 | 7-8:30pm | CENTRAL

Lifestyle & Education

Knit 'n' Natter

A creative social group for all skill levels.
Tuesdays | 6:30-8:30pm | ALTON
Wednesdays | 1:30-3:30pm | ALDERSHOT & BRANT HILLS
Wednesdays | 6:30-8:30pm | CENTRAL
Saturdays | 10am-12pm | ALDERSHOT
Fri Sep 19 & 26 | 1:30-3:30pm | NEW APPLEBY

R Just Walk

Get out, get active, and enjoy all the benefits that come from a healthy walk! For all levels of walking ability.

Wed Sep 3 & 17 | 10:30-11:30am | TANSLEY WOODS

Just Breathe Drop-in

Let go of stress for a calming hour and practice presentmoment awareness communally with others. Thursdays | 10:30am-12pm | CENTRAL

R Maker Programs

Intro to Cricut - Thu Sep 4 | 7-8pm | ALTON Sewing Machine Basics - Mon Sep 8 | 7-8pm | CENTRAL 3D Design with TinkerCad - Sat Sep 13 | 2:30-4pm | CENTRAL Intro to Laser Cutting - Wed Sep 24 | 7-8:30pm | CENTRAL

R Magnificent Monarchs

Perfect for nature lovers of all ages! Discover the incredible life cycle of Monarch butterflies from egg to butterfly. Sun Sep 7 | 2-3pm | CENTRAL

R Computer Classes | All at CENTRAL

Basic Computer Skills - Mon Sep 8 | 10:30am-12pm MS PowerPoint - Mon Sep 22 | 10:30am-12pm

R = Registration required

Program registration & updates: www.bpl.on.ca/events

Contact us: 905.639.3611

GUIDE ADULTS

SEPT 2025



> Lifestyle & Education continued

R Sit to be Fit

Increase your strength, balance, flexibility and endurance. Mondays, Sep 8-29 | 11:15am-12pm | TANSLEY WOODS

R Chair Yoga

Build strength and flexibility. No mat required. 18+ Tue Sep 9 | 2-3pm | ALDERSHOT Sat Sep 20 | 2-3pm | CENTRAL

Craving Change

Identify personal problematic eating triggers and learn strategies for change with this 6 week workshop series. Wednesdays, Sep 10-Oct 15 | 2-3pm | TANSLEY WOODS

Understanding Grief

Explore how grief impacts our lives. Thu Sep 11 | 2-3pm | BRANT HILLS

R Intro to eResources

Learn how to use the free eResources available at BPL. Mon Sep 15 | 10:30am-12pm | CENTRAL

Newcomer Conversation Circle

Build speaking confidence and social connections. Mondays starting Sep 15 | 6:30-7:30pm | ALTON Thursdays starting Sep 18 | 2-3pm | ALTON

R Stress Resiliency Workshop

An immersive and enlightening workshop focused on holistic wellness and building resilience to deal with stress. Wed Sep 17 | 2-3:15pm | ALDERSHOT

R Mindfulness & Music for Caregivers

A supportive space for caregivers to explore mindfulness, music, and self-compassion practices that nourish the heart. Wed Sep 17 | 7-8pm | CENTRAL

R Intro to eBooks

Borrow FREE eBooks, eAudiobooks, and eMagazines. Thu Sep 18 | 2-3:30pm | ALDERSHOT

R Memory, Forgetfulness & Aging

Identify memory changes that may be cause for concern. Fri Sep 19 | 2-3pm | ALDERSHOT

Mindfulness in Grief

An experiential workshop about cultivating self-compassion. Tue Sep 23 | 2-3pm | ALDERSHOT

R Fraud Protection

Get sound and timely advice on how to protect yourself. Wed Sep 24 | 2-3pm | ALDERSHOT

R Perinatal Wellness & You

Understand postpartum depression and other concerns. Wed Sep 24 | 7-8pm | TANSLEY WOODS

Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship. Thu Sep 25 | 5:30-7:30pm | TANSLEY WOODS

🛂 🤼 Organizing Digital Photos

Get tips on storing and organizing your digital images. Mon Sep 29 | 2-3pm | VIRTUAL

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Linked in Learning

Access over 3,500 video courses taught by business, tech, and creative industry experts.

Learn more at

bpl.on.ca/resources/learn

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm Fri & Sat | 9am - 5pm Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm Fri - Sun | 9am - 5pm

KII BRIDF

Tue & Thu | 5pm - 8pm Sat | 9am - 2pm

Note: Our relocated New **Appleby Branch** opens on Monday, September 15 at 5151 New Street.

Program calendar and registration



Registration required



Contact us: 905.639.3611 Program registration & updates: www.bpl.on.ca/events

GUIDE

SEPT 2025 KIDS & TEENS



STEAM Time

Let the adventure begin! Get ready for hands-on fun and exciting activities all about exploring, experimenting, and having a blast. Ages 6 to 9.



Tuesdays | 6:30-7:30pm | CENTRAL Thursdays | 6:30-7:30pm | ALDERSHOT Thursdays, Sep 18 & 25 | 6:30-7:30pm | NEW APPLEBY

R Nintendo Switch Hangout

Show off your skills, cheer on your friends, and become the next Nintendo Switch champion!
Wednesdays, Sep 3-24 | 6:30-7:30pm | ALTON
Sat Sep 13 | 2-3pm & 3-4pm | ALDERSHOT
Sat Sep 27 | 2-3pm | BRANT HILLS

R Grade 4 to 6 Book Club

If you love to read, this club's for you! Each month, we talk about a different book. Books provided.
Thu Sep 4 | 6:30-7:30pm | TANSLEY WOODS
Tue Sep 9 | 6:30-7:30pm | BRANT HILLS
Wed Sep 10 | 6:30-7:30pm | ALDERSHOT
Thu Sep 11 | 6:30-7:30pm | ALTON
Wed Sep 17 | 6:30-7:30pm | NEW APPLEBY

R Grade 7 & 8 Book Club

Share your thoughts and opinions with other readers at our monthly meetings from September to May. Books provided. Bring your friends—everyone is welcome. Thu Sep 11 | 6:30-7:30pm | TANSLEY WOODS Thu Sep 18 | 6:30-7:30pm | ALTON Thu Sep 18 | 6:30-7:30pm | CENTRAL

R Family Coding Foundations

Curious about coding? Learn through games, challenges, and puzzles, both tech-based and screenfree. For kids ages 6-9 and their adult caregivers. Tuesdays, Sep 9-30 | 6:30-7:30pm | TANSLEY WOODS

Family STEAM Time

Explore opportunities to design, invent, create, and re-imagine together as a family. All ages welcome. Saturdays, Sep 6 & 27 | 2-4pm | ALDERSHOT Saturdays, Sep 6-20 | 2-4pm | BRANT HILLS Sundays, Sep 7-28 | 10:30-11:30am | TANSLEY WOODS Sundays, Sep 7-28 | 2-4pm | ALTON

Tech Petting Zoo

Try our Snap Circuits, Little Bits, Cubelets and more. Sat Sep 6 | 2-3pm | CENTRAL

Board Game Drop-in

Hang out at the library and play a range of fun family-friendly board games.

Tuesdays, Sep 16-30 | 6:30-7:30pm | NEW APPLEBY

R Find Your Vision

Create your own collage of images and ideas that reflect your hopes for the future. Ages 9 to 13. Wed Sep 17 | 6:30-7:30pm | TANSLEY WOODS

R Creating Kindness

Hear about exotic wildlife, animal welfare, and the special relationship between animals and humans with author Anitha Rao-Robinson.

Sat Sep 20 | 2-3pm | ALDERSHOT

R Smart Spending: Needs vs. Wants

An interactive financial literacy workshop designed to help kids develop essential money management skills through engaging activities and discussions. Sat Sep 20 | 2-3pm | ALTON

R Paint by Sticker for Kids

It's a fun twist on paint-by-numbers! A social activity geared to ages 9-13.

Wed Sep 24 | 6:30-7:30pm | ALDERSHOT

Contact us: 905.639.3611

GUIDE SEPT 2025 KIDS



Weekly Drop-in Programs for Babies & Preschoolers

Mondays *all branches are closed on Sep 1
Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL
Baby Rhyme Time Stay & Play 10:30am-12pm ALDERSHOT
Family Storytime 10:30-11am TANSLEY WOODS
Mini Movement 10:30-11:30 NEW APPLEBY
Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm ALTON
PJ Storytime 6:30-7pm ALDERSHOT
PJ Storytime 6:30-7pm TANSLEY WOODS

Tuesdays

Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am ALDERSHOT
Mini Tinker Time 10:30-11:30am TANSLEY WOODS
Baby Rhyme Time Stay & Play 10:30am-12pm ALTON
Mini Playdate 11am-12pm ALDERSHOT
Mother Goose 11:30am-12:30pm BRANT HILLS
PJ Storytime 6:30-7pm ALTON

Wednesdays

Family Storytime 10:30-11am BRANT HILLS
Music & Rhythm Storytime 10:30-11am ALDERSHOT
Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am NEW APPLEBY
PJ Storytime 6:30-7pm BRANT HILLS

Thursdays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS Baby Rhyme Time Stay & Play 10:30am-12pm TANSLEY WOODS

Family Storytime 10:30-11am CENTRAL
Family Storytime 10:30-11am ALTON
Music & Rhythm Storytime 10:30-11am NEW APPLEBY

Fridays

Family Storytime 10:30-11am TANSLEY WOODS Music & Rhythm Storytime 10:30-11am CENTRAL Tales for Toddlers 10:30-11am ALDERSHOT Tales for Toddlers 10:30-11am BRANT HILLS Tales for Toddlers 10:30-11am NEW APPLEBY Mini Playdate 11am-12pm ALDERSHOT

Saturdays

Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Family Storytime 10:30-11am CENTRAL
Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am TANSLEY WOODS

NOTE: New Appleby programs start September 15.

Find program descriptions and resources for parents & caregivers at www.bpl.on.ca/parents

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY Mon - Thu | 9am - 9pm Fri & Sat | 9am - 5pm Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS Mon - Thu | 9am - 9pm Fri - Sun | 9am - 5pm

KILBRIDE Tue & Thu | 5pm - 8pm Sat | 9am - 2pm Note: Our relocated New Appleby Branch opens on Monday, September 15 at 5151 New Street.

Program calendar and registration



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