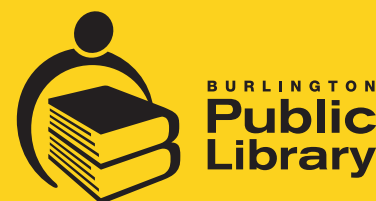


GUIDE

OCT 2025
ADULTS



Arts & Literature

R In Conversation with Giles Blunt

The bestselling author of the Cardinal novels discusses his new work of literary fiction.

Thu Oct 2 | 7-8pm | CENTRAL



Afternoon at the Movies

Tuesdays | 1:30-3:30pm | CENTRAL

Oct 7 - Instant Family | Oct 14 - Don't Worry Darling

Oct 21 - Gone Girl | Oct 28 - The Witches

R Songs from the Heart

An evening with award-winning singer-songwriter Tia McGraff and her husband and musical partner Tommy Parham.

Thu Oct 9 | 7-8pm | CENTRAL



R Paint by Sticker

It's a fun spin on paint-by-numbers... sticker-by-numbers!

Tue Oct 14 | 2-2:45pm | NEW APPLEBY

R BPL Book Club

Check out what we're reading at bpl.on.ca/bookclub

Wed Oct 15 | 11am-12pm | CENTRAL

Thu Oct 16 | 7-8pm | TANSLEY WOODS

Tue Oct 21 | 2-3pm | ALDERSHOT

Tue Oct 28 | 2-3pm | BRANT HILLS & NEW APPLEBY

Thu Oct 30 | 7-8pm | ALTON

R Women of Crime

A super-group of crime fiction authors – Melodie Campbell, Vicki Delany, Maureen Jennings, and Hannah Mary McKinnon – share the stage.

Sun Oct 19 | 2-3pm | CENTRAL



R Library Book Club

Come and celebrate Ontario Public Library Week with us.

Wed Oct 22 | 2-3pm | NEW APPLEBY

BPL Reading Challenge Meet-up

Connect with other readers and chat about books. Our challenge for October is to read a **book that scares or creeps you out**. Learn more at bpl.on.ca/RC

Wed Oct 29 | 7-8pm | TANSLEY WOODS

Lifestyle & Education

Knit 'n' Natter

A creative social group for all skill levels.

Wednesdays | 1:30-3:30pm | ALDERSHOT & BRANT HILLS

Wednesdays | 6:30-8:30pm | CENTRAL

Fridays | 1:30-3:30pm | NEW APPLEBY

Saturdays | 10am-12pm | ALDERSHOT

Tuesdays | 6:30-8:30pm | ALTON

R Healthy Ways to Age Well

Learn how nutrition, exercise, medication, social connection, and more can support you in aging well.

Wednesdays, Oct 1-Nov 5 | 2-3pm | ALDERSHOT

Just Breathe Drop-in

Let go of stress for a calming hour and practice present-moment awareness communally with others.

Thursdays | 10:30am-12pm | CENTRAL

Newcomer Conversation Circle

Build speaking confidence and social connections.

Thursdays | 2-3pm | ALTON

Mondays except Oct 13 | 6:30-7:30pm | ALTON

R Tech Connect

A hands-on program designed just for older adults.

Thursdays | 2-4pm | CENTRAL

R Sit to be Fit

Increase your strength, balance, flexibility and endurance.

Mondays except Oct 13 | 11:15am-12pm | TANSLEY WOODS

R Snooze: Restoring Restful Nights

Get expert tips and tools for better sleep.

Mon Oct 6 | 2-3pm | CENTRAL

Help for Newcomers

Do you have questions about government forms or services, need translation help, or want to know more about citizenship or permanent resident status? Drop in to meet with a settlement worker.

Wed Oct 8 | 10am-1pm | ALTON

R = Registration required

Accurate as of Sep 10 | Registration opens Wed Sep 17 at 12pm

Contact us: 905.639.3611

Program registration & updates: www.bpl.on.ca/events

GUIDE

OCT 2025
ADULTS



BURLINGTON
Public
Library

> Lifestyle & Education continued

R Just Walk

Get out, get active, and enjoy all the benefits that come from a healthy walk! For all levels of walking ability.

Wed Oct 8 | 10:30-11:30am | CENTRAL

R Chair Yoga

Build strength and flexibility. No mat required. 18+

Wed Oct 8 | 2-3pm | NEW APPLEBY

Tue Oct 28 | 2-3pm | ALDRSHOT

R Maker Programs

3D Design with TinkerCad - Wed Oct 8 | 7-8:30pm | CENTRAL

Intro to Cricut - Thu Oct 23 | 7-8pm | ALTON

Intro to Laser Cutting - Sat Oct 25 | 2:30-4pm | CENTRAL

Sewing Machine Basics - Mon Oct 27 | 7-8pm | ALTON

R iPad Boot Camp

How to get the most from your Apple device.

Fridays, Oct 17 & 24 | 2-3:30pm | TANSLEY WOODS

R Estate Planning

Understand the various tools of the estate planning process: power of attorney, wills, joint accounts, gifting, and trust.

Tue Oct 21 | 2-3pm | TANSLEY WOODS

R Mindfulness in Grief

An experiential workshop exploring self-compassion.

Tue Oct 21 | 2-3pm | BRANT HILLS

R MIND Diet for a Healthy Brain

Find out what food to eat and which to avoid when following the MIND Diet.

Wed Oct 22 | 2-3pm | CENTRAL

R The Art of Legacy Work

A legacy is tangible—something that loved ones can hold onto, to help provide healing and comfort year after year.

Thu Oct 23 | 2-3pm | ALDRSHOT

R Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship.

Thu Oct 23 | 5:30-7:30pm | TANSLEY WOODS

R Inner Balance with Flute Music & Meditation

Relax and unwind at a unique evening of music and meditation with the soothing sounds of the Bansuri.

Tue Oct 28 | 7-8pm | NEW APPLEBY

R Smart Searching with AI

A Tech Talk with Chris Bint.

Tue Oct 28 | 2-3pm | VIRTUAL

R Intro to eBooks

Download free digital books and audiobooks.

Wed Oct 29 | 2-3pm | CENTRAL

Thu Oct 30 | 2-3:30pm | ALDRSHOT

FREE...with your library card!



Formerly Canadian Business Online, Reference Solutions for Business is a directory of information on Canadian businesses.

Learn more at

bpl.on.ca/resources/learn



OPEN HOURS

ALDRSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

Note: Our relocated New Appleby Branch is now open, at 5151 New Street.

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

Program calendar and registration

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm



R = Registration required

= Live on Zoom

Accurate as of Sep 10 | Registration opens Wed Sep 17 at 12pm

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GUIDE

OCT 2025
KIDS & TEENS



BURLINGTON
Public
Library

STEAM Time

Hands-on fun and exciting activities. Ages 6 to 9.

Wednesdays, Oct 1-22 | 6:30-7:30pm | ALTON

Thursdays | 6:30-7:30pm | ALDERSHOT & NEW APPLEBY

Mondays except Oct 13 | 6:30-7:30pm | BRANT HILLS

Tuesdays | 6:30-7:30pm | CENTRAL & TANSLEY WOODS

Teen R and R

Relax and chill with VR, colouring, music, and more.

Wednesdays, Oct 1 & 8 | 7-8pm | TANSLEY WOODS

Sat Oct 25 | 2-3pm | ALTON

R Flying Lessons with Jennifer Maruno

A storytime and craft event for ages 5 to 8.

Thu Oct 2 | 6:30-7:30pm | BRANT HILLS

R Calm Kids, Bright Minds

Kids ages 5 to 10 learn techniques to reduce stress.

Sat Oct 4 | 2-3pm | NEW APPLEBY

Family STEAM Time

Design, invent, and create, together as a family. All ages.

Saturdays | 2-4pm | BRANT HILLS

Sundays | 10:30-11:30am | TANSLEY WOODS

Tuesdays, Oct 7-21 | 6:30-7:30pm | NEW APPLEBY

Board Game Drop-in

Hang out at the library and play family-friendly board games.

Sundays | 2-4pm | ALTON

R Gratitude, Meditation, Paint & Play

Slow down and connect through creativity. Ages 6 to 12.

Mon Oct 6 | 6:30-7:30pm | NEW APPLEBY

R Grade 4 to 6 Book Club

If you love to read, this club's for you! Each month, we talk about a different book. Books provided.

Thu Oct 2 | 6:30-7:30pm | TANSLEY WOODS

Wed Oct 8 | 6:30-7:30pm | ALDERSHOT

Thu Oct 9 | 6:30-7:30pm | ALTON

Tue Oct 14 | 6:30-7:30pm | BRANT HILLS

Wed Oct 15 | 6:30-7:30pm | NEW APPLEBY

R Grade 7 & 8 Book Club

Share your thoughts with other readers. Books provided.

Thu Oct 9 | 6:30-7:30pm | TANSLEY WOODS

Thu Oct 16 | 6:30-7:30pm | ALTON

Thu Oct 16 | 6:30-7:30pm | CENTRAL

R Songs from the Heart

An evening with singer-songwriter Tia McGraff.

Thu Oct 9 | 7-8pm | CENTRAL

Tech Petting Zoo

Try our Snap Circuits, Little Bits, Cubelets and more.

Sat Oct 11 | 2-3pm | CENTRAL

Teen Cricut

Learn how to design and cut a custom vinyl name decal!

Sat Oct 11 | 2-4pm | ALTON

R Find Your Vision

Create your own collage of images and ideas. Ages 14 to 17.

Wed Oct 15 | 6:30-7:30pm | ALDERSHOT

R Teen Toastmasters

Do you get nervous speaking or presenting in public?

Wednesdays, Oct 15-Dec 10 **except October 29* | 7-8pm

TANSLEY WOODS

Puppet Time

Make a puppet craft and explore our puppet collection.

Sat Oct 18 | 2-3pm | CENTRAL

Sat Oct 25 | 2-3pm | NEW APPLEBY

R Cursive Writing Workshop

Learn the art of beautiful longhand writing. Ages 9 to 12.

Sat Oct 18 | 2-3pm | TANSLEY WOODS

R Nintendo Switch Hangout

Show off your skills and cheer on your friends!

Sat Oct 18 | 2-3pm & 3-4pm | ALDERSHOT

R Mastering AI Tools

Discover the power of AI, with a focus on language models.

Wed Oct 22 | 6:30-8:30pm | CENTRAL

Teen Screen

Enjoy a new movie on the big screen. Ages 13 to 18.

Thu Oct 23 | 6-8pm | CENTRAL

R Resume Writing for Teens

Your resume is your ticket to landing that first job or internship—but where do you even start?

Thu Oct 30 | 7-8pm | TANSLEY WOODS

R = Registration required

Accurate as of Sep 10 | Registration opens Wed Sep 17 at 12pm

Contact us: 905.639.3611

Program registration & updates: www.bpl.on.ca/events

Weekly Drop-in Programs for Babies & Preschoolers

Mondays **all branches are closed on Oct 13*

Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL
 Baby Rhyme Time Stay & Play 10:30am-12pm ALDERSHOT
 Family Storytime 10:30-11am TANSLEY WOODS
 Mini Tinker Time 10:30-11:30 NEW APPLEBY
 Music & Rhythm Storytime 10:30-11am BRANT HILLS
 Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
 Mother Goose & Baby Play and Chat 2-4pm ALTON
 PJ Storytime 6:30-7pm ALDERSHOT
 PJ Storytime 6:30-7pm TANSLEY WOODS

Tuesdays

Family Storytime 10:30-11am NEW APPLEBY
 Family Storytime 10:30-11am ALDERSHOT
 Mini Playdate 10:30-11:30am TANSLEY WOODS
 Baby Rhyme Time Stay & Play 10:30am-12pm ALTON
 Mini Movement 11am-12pm ALDERSHOT
 Mother Goose 11:30am-12:30pm BRANT HILLS

Wednesdays

Family Storytime 10:30-11am BRANT HILLS
 Music & Rhythm Storytime 10:30-11am ALDERSHOT
**except October 1*
 Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
 Tales for Toddlers 10:30-11am ALTON
 Tales for Toddlers 10:30-11am CENTRAL
 Tales for Toddlers 10:30-11am NEW APPLEBY
 PJ Storytime 6:30-7pm BRANT HILLS

Thursdays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS
 Baby Rhyme Time Stay & Play 10:30am-12pm TANSLEY WOODS
 Family Storytime 10:30-11am CENTRAL
 Family Storytime 10:30-11am ALTON
 Music & Rhythm Storytime 10:30-11am NEW APPLEBY
 Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY

Fridays

Family Storytime 10:30-11am TANSLEY WOODS
 Music & Rhythm Storytime 10:30-11am CENTRAL
 Tales for Toddlers 10:30-11am ALTON
 Tales for Toddlers 10:30-11am ALDERSHOT
 Tales for Toddlers 10:30-11am BRANT HILLS
 Tales for Toddlers 10:30-11am NEW APPLEBY
 Mini Movement 11am-12pm ALDERSHOT

Saturdays

Family Storytime 10:30-11am ALTON
 Family Storytime 10:30-11am BRANT HILLS
 Family Storytime 10:30-11am CENTRAL
 Family Storytime 10:30-11am NEW APPLEBY
 Family Storytime 10:30-11am TANSLEY WOODS

Find program descriptions and resources for parents & caregivers at www.bpl.on.ca/parents

OPEN HOURS

ALDERSHOT, ALTON, BRANT
 HILLS & NEW APPLEBY
 Mon - Thu | 9am - 9pm
 Fri & Sat | 9am - 5pm
 Sun | 12pm - 5pm

Note: Our
 relocated New
 Appleby Branch is
 now open, at 5151
 New Street.

CENTRAL & TANSLEY WOODS
 Mon - Thu | 9am - 9pm
 Fri - Sun | 9am - 5pm

Program calendar
 and registration

KILBRIDE
 Tue & Thu | 5pm - 8pm
 Sat | 9am - 2pm

