GUIDE ADULTS

JUNE 2025



Arts & Literature

Afternoon at the Movies

Tuesdays | 2-4pm | CENTRAL Jun 3 - The Heart Stays | Jun 10 - Love, Simon | Jun 17 -Wildhood | Jun 24 - The Best Exotic Marigold Hotel

In Conversation with Martha Hall Kelly

The New York Times bestselling author discusses her latest book. The Martha's Vineyard Beach and Book Club, a riveting WWII-era novel set on the Vineyard in 1942. Mon Jun 9 | 7-8pm | CENTRAL



R An Unlimited Supply of Husbands

Holly Gramazio's sizzling debut novel, The Husbands, delights in asking: how do we navigate life, love, and choice in a world of never-ending options? Thu Jun 12 | 7-8pm | CENTRAL



On Writing a Romance

Join local romance author Sara Curto as she discusses self-publishing and her writing process. Sat Jun 14 | 2-3pm | TANSLEY WOODS



R BPL Book Club

Discover new books every month! bpl.on.ca/bookclub Tue Jun 17 | 2-3pm | ALDERSHOT Wed Jun 18 | 11am-12pm | CENTRAL Thu Jun 19 | 7-8pm | TANSLEY WOODS Tue Jun 24 | 2-3pm | BRANT HILLS Tue Jun 24 | 2-3pm | NEW APPLEBY

R Inner Peace with Flute Music & Meditation

Relax and unwind at a unique evening of music and meditation with the soothing sounds of the Bansuri. Tue Jun 17 | 7-8pm | CENTRAL

R Bannock on Turtle Island

Indigenous educator and storyteller Jim Adams shares the history of bannock, along with stories about the Hudson Bay Company and the role Canada played in introducing unhealthy eating to Indigenous people. Sun Jun 22 | 2-3pm | CENTRAL

BPL Reading Challenge Meet-up

Explore the read less travelled with us! Connect with other readers and chat about books. Learn more at bpl.on.ca/ReadingChallenge Wed Jun 25 | 7-8pm | ALDERSHOT



In Conversation with Paige Maylott

Paige Maylott's award-winning memoir, My Body is Distant, is an electrifying and vulnerable book that invites readers into conversation about our digital and physical selves, gender, and belonging. Mon Jun 30 | 7-8pm | CENTRAL



Lifestyle & Education

R Sit to be Fit

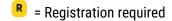
Increase your strength, balance, flexibility and endurance. Mondays, Jun 2-30 | 11:15am-12pm | TANSLEY WOODS Thursdays, Jun 5-26 | 1-1:45pm | TANSLEY WOODS

Newcomer Conversation Circle

Build speaking confidence and improve your English conversation skills in a relaxed and friendly atmosphere. Mon Jun 2 & 9 | 6:30-7:30pm | ALTON Thu Jun 5 & 12 | 2-3pm | ALTON

R Just Walk

Get out, get active, and enjoy all the benefits that come from a healthy walk! For all levels of walking ability. Wed Jun 4 | 10:30-11:30am | TANSLEY WOODS Mon Jun 16 | 10:30-11:30am | CENTRAL



Thu Jun 25 | 7-8pm | ALTON

GUIDE

JUNE 2025 ADULTS



> Lifestyle & Education continued

Just Breathe Drop-in

Slow down, practice self-acceptance, and let go of stress. Thursdays, Jun 5-26 | 10:30am-12pm | CENTRAL

R Endometriosis ENDOcation 101

Learn about endometriosis and the importance of self advocacy in this interactive, informative workshop. Thu Jun 5 | 7-8pm | CENTRAL

R MakerSpace Programs | All at CENTRAL 3D Design with Tinkercad - Sat Jun 7 | 10:30am-12pm Embroidery Machine 101 - Mon Jun 9 | 7-8:30pm Intro to Laser Cutting - Thu Jun 19 | 7-8:30pm

R Chair Yoga

Build strength and flexibility. No mat required. 18+ Wed Jun 11 | 2-3pm | ALDERSHOT Sat Jun 21 | 2-3pm | NEW APPLEBY

R ADHD & You

Gain an understanding of ADHD from a strengths perspective with Burlington Family Health Team. Wed Jun 11 | 7-8pm | TANSLEY WOODS

R iPad Boot Camp

What you need to know about your Apple device. Thu Jun 12 & 19 | 10:30am-12pm | ALDERSHOT

R Canadian Citizenship Test: Get Ready
Practice taking the test and learn about citizenship.
Thu Jun 12 | 5:30-7:30pm | TANSLEY WOODS

Get useful tips and learn how to protect yourself throughout the process of buying a new or used car. Thu Jun 12 | 7-8pm | VIRTUAL

R Estate Planning

An informative session in partnership with the Chartered Professional Accountants of Canada. Tue Jun 17 | 2-3pm | BRANT HILLS

R Android Tablet Boot Camp

How to get the most from your Android device. Thu Jun 19 & 26 | 10:30am-12pm | CENTRAL

R Way Back Trivia

Put your memory to the test! Join us for a fun-filled session where we dive into the nostalgia of the 1960s and 1970s. Fri Jun 20 | 2-3pm | ALDERSHOT Wed Jun 25 | 2-3pm | TANSLEY WOODS

R Breathe, Relax, Stretch, Connect!

Experience a gentle yoga flow designed for beginners. Sat Jun 21 | 2-3pm | CENTRAL

R Memory, Forgetfulness & Aging

Hear about the memory changes that are part of normal aging, and when changes are a cause for a concern.

Mon Jun 23 | 2-3pm | BRANT HILLS

R Identifying Caregiver Fatigue

Explore ways to identify caregiver fatigue and learn about supports and services available in the community.

Tue Jun 24 | 2-3pm | CENTRAL

Protecting Your Device and Privacy Online

Chris Bint of Tech Coaches explores simple yet powerful ways to secure your devices.

Mon Jun 30 | 2-3pm | VIRTUAL

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY Mon - Thu | 9am - 9pm Fri & Sat | 9am - 5pm Sun | 12pm - 5pm

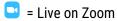
CENTRAL & TANSLEY WOODS Mon - Thu | 9am - 9pm Fri - Sun | 9am - 5pm

KILBRIDE Tue & Thu | 5pm - 8pm Sat | 9am - 2pm Note: Aldershot Branch will be closed from Sunday, May 4, to Sunday, June 1 for repairs.

Program calendar and registration



R = Registration required



Contact us: 905.639.3611 Program registration & updates: www.bpl.on.ca/events

GUIDE JUNE 2025 KIDS & TEENS



Family STEAM Time

Explore opportunities to design, invent, create, and re-imagine together as a family. All ages are welcome. Drop in.

Saturdays, Jun 7-21 | 2-4pm | BRANT HILLS

Sundays, Jun 1-29 | 10:30-11:30am | TANSLEY WOODS Sundays, Jun 1-29 | 2-4pm | ALTON Thursdays, Jun 5-26 | 6:30-7:30pm | NEW APPLEBY Saturdays, Jun 7-21 | 2-3pm | ALDERSHOT

R Story Scientists

We share a great story together and then bring the book to life through a hands-on activity. Ages 6 to 9. Mondays, Jun 2-30 | 6:30-7:15pm | BRANT HILLS Wednesdays, Jun 4-25 | 6:30-7:15pm | ALDERSHOT

R STEAM Starts with Science

Hands-on fun exploring science, technology, engineering, art, and math. Ages 6-9.

Tuesdays, Jun 3-24 | 6:30-7:30pm | TANSLEY WOODS Wednesdays, Jun 4-25 | 6:30-7:30pm | ALTON Tuesdays, Jun 3-24 | 6:30-7:30pm | CENTRAL

R Gratitude, Meditation, Paint & Play

Take a calming trip around the world through guided meditation, then paint a rock inspired by your own imagination. A creative workshop for kids ages 6–12 and adult caregivers.

Mon Jun 10 | 6:30-7:30pm | ALDERSHOT

R Making Tracks

Indigenous illustrator Jennifer Faria talks about her experiences and reads from her picture books, then shares how to draw forest animals and their tracks. Sat Jun 21 | 2-3pm | ALTON

R Bannock on Turtle Island

Indigenous educator and storyteller Jim Adams shares the history of bannock, along with stories about the Hudson Bay Company and the role Canada played in introducing unhealthy eating to Indigenous people. Sun Jun 22 | 2-3pm | CENTRAL



It's easy to join Summer Reading Club!

- Starting June 1, sign up for free at any BPL branch or online at bpl.on.ca/SRC
- 2. Set a weekly reading goal
- Check in every week all summer long and pick up your reward, just for reading!

SRC Kick-off Parties

Saturday, June 28 - 2 to 4pm

Join us at any BPL branch for games and activities inspired by travel and adventure around the world.



FREE...with your library card!



Need homework help, or someone to look over an essay? Brainfuse HelpNow is an all-in-one suite of curriculum-based virtual learning supports for students from kindergarten to grade 12, including online tutoring, homework help, video lessons, and practice tests.

Learn more: bpl.on.ca/resources/books



Contact us: 905.639.3611 Program registration & updates: www.bpl.on.ca/events

GUIDE JUNE 2025 KIDS & TEENS



Drop-in Programs for Babies & Preschoolers

Mondays *No programs at Aldershot on June 2
Baby Rhyme Time Stay & Play 10:30am-12pm CENTRAL
Family Storytime 10:30-11am TANSLEY WOODS
Music & Rhythm Storytime 10:30-11am ALDERSHOT
Music & Rhythm Storytime 10:30-11am BRANT HILLS
Mini Tinker Time 11:15-12pm ALDERSHOT
Baby Rhyme Time Stay & Play 2-3:30pm NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm ALTON
PJ Storytime 6:30-7pm TANSLEY WOODS

Tuesdays

Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am ALDERSHOT
Mini Movement 10:30-11:30am TANSLEY WOODS
Baby Rhyme Time Stay & Play 10:30am-12pm ALTON
Mini Playdate 11:15am-12pm ALDERSHOT
Mother Goose 11:30am-12:30pm BRANT HILLS
PJ Storytime 6:30-7pm ALTON

Wednesdays

Mini Movement 10-11:30am NEW APPLEBY
Family Storytime 10:30-11am BRANT HILLS
Music & Rhythm Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am NEW APPLEBY
Mini Tinker Time 11am-12pm BRANT HILLS
PJ Storytime 6:30-7pm BRANT HILLS

Thursdays

Baby Rhyme Time Stay & Play 10:30am-12pm BRANT HILLS
Baby Rhyme Time Stay & Play 10:30am-12pm
TANSLEY WOODS
Family Storytime 10:30-11am CENTRAL
Family Storytime 10:30-11am ALTON
Music & Rhythm Storytime 10:30-11am NEW APPLEBY
Mother Goose & Baby Play and Chat 2-4pm NEW APPLEBY
PJ Storytime 6:30-7pm ALDERSHOT

Fridays

Mini Movement 10-11:30am NEW APPLEBY
Family Storytime 10:30-11am TANSLEY WOODS
Mini Tinker Time 10:30-11:30am ALDERSHOT
Music & Rhythm Storytime 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am BRANT HILLS
Tales for Toddlers 10:30-11am NEW APPLEBY

Saturdays

Mini Movement 10-11:30am NEW APPLEBY
Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Family Storytime 10:30-11am CENTRAL
Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am TANSLEY WOODS

Find program descriptions and resources for parents & caregivers at www.bpl.on.ca/parents

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